

OUR HEALTH COUNTS KENORA



RESPECTFUL HEALTH SURVEY: CHILD SURVEY, DATA SUMMARY



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There is a critical gap in quality, comprehensive, and inclusive health data for First Nations, Inuit and Metis (FNIM) relatives living in urban and related homelands across Canada.

Our Health Counts (OHC) Kenora aims to address this gap using a comprehensive community health survey that is built and governed using Indigenous approaches. **The OHC Kenora adult and child survey tools were developed by community, for community.** All OHC data is community-owned and governed. OHC aims to develop a complete health information database for Indigenous peoples living in cities. OHC takes a community-partnered research approach, led by local Indigenous health and social service providers, in partnership with Dr. Janet Smylie and the team at Well Living House (WLH).

To date, OHC projects have successfully produced meaningful, culturally relevant health data for FNIM adults and children living in seven cities: Hamilton, Ottawa, Toronto, London, Thunder Bay, Kenora, and Winnipeg.

Waasegiizhig Nanaandawe'iyewigamig Aboriginal Health Access Centre (WNHAC) and WLH worked in partnership to develop the community owned and governed OHC Kenora population health database for Indigenous peoples living in Kenora and related homelands.

WNHAC are the community leads and caretakers of the information for OHC Kenora. WNHAC also led the governance and management of the information through working with the Northern 10 Treaty 3 First Nations (who are served by WNHAC and on their board) to ensure that this project was in line with First Nations OCAP® principles and that the information gathered is useful and important to each community.

The goal of the OHC Kenora project was to develop a complete health information database for Indigenous adults and children living in Kenora. Comprehensive and inclusive health data, like that created by OHC Kenora, is critical to providing insight into our urban communities' size, health, and wellbeing. This data can be used to inform and address local, wholistic health and social priorities.

Child surveys were completed by OHC Kenora adult survey participants who were parents or custodial relatives/guardians of children 14 years of age and under. These children resided with them and were under their care. In total, 54 child surveys were completed. Data collection took place from 2019-2021. This data summary shares the findings from the OHC Kenora respectful health survey: child survey. The findings represent health determinants, health status and health service access for the population of Indigenous children living in Kenora and related homelands.

Recommended citation: Snyder, M., Avery, L., Iannace, J., Calder, M., & Smylie, J. on behalf of Waasegiizhig Nanaandawe'iyewigamig Health Access Centre. (2025). Our Health Counts Kenora Respectful Health Survey: Child Survey, Data Summary.

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READING THE GRAPHS

What Do the Whiskers on the Bar Graphs Represent?

The whiskers on a bar graph (that is the black lines running through each coloured bar on the graph) **represent the 95% CI** (confidence interval).

The top of the whisker (on vertical bar graphs) and the right side of the whisker (on horizontal bar graphs) represent the upper bound and the bottom of the whisker (on vertical bar graphs) and the left whisker (on horizontal bar graphs) represents the lower bound of the confidence interval.

When the whiskers overlap across groups, this means that there is no statistically significant difference across the groups in the population. Using gender (Figure 2) as an example, we see the whiskers in the graph overlap. This means that we cannot conclude that there is a significant difference in the proportion (%) of females and male children among the Indigenous population living in Kenora and related homelands.

What is a 95% CI?

The 95% CI is the “confidence interval” used in sampling statistics. We use a 95% CI because it is difficult, and often impossible, to study every single person in a population. Instead, we use what is called a “sample”. In OHC Kenora, we surveyed a “sample”, rather than find every single Indigenous person living in the Kenora area. **The OHC Kenora child data should be representative of the entire child population we are surveying.**

We use the 95% CI to help us understand how well we did in understanding the entire population of Indigenous children living in Kenora and related homelands.

The upper and lower values of the 95% CI mean that if the study was repeated multiple times, the true estimate would be within this range. For example, in Figure 46 (page 29), we see that 81.1% of Indigenous children in Kenora and related homelands have been taught an Indigenous language in classes at school, with a 95% CI: 67.6, 92.0 (see Appendix, page 51). That means that if the OHC Kenora study was repeated multiple times, the true estimate of children in Kenora and related homelands who have been taught an Indigenous language in classes at school would be somewhere between 67.6% and 92.0%.

If there is a difference of less than +10/-10 in the 95% CI, we consider this to be “low variance”. If there is a difference of less than +15/-15, we consider this “moderate variance”. Figure 46 shows moderate variance (-13.5/+10.9). If there is a difference greater than +15/-15, we consider this “high variance”. Low variance means that we have a more precise estimate of the entire population of Indigenous children living in Kenora and related homelands, while high variance means that there is more uncertainty about our population estimate, and it might not be representative of the entire population of Indigenous children living in Kenora and related homelands. Smaller sample sizes can result in wider 95% CI (i.e., higher variance).

OHC KENORA CHILD HEALTH SURVEY: SUMMARY GRAPHS

RELATIONSHIP TO CHILD, CHILD'S RELATIONSHIP TO SELF

Figure 1: What is your relationship to your child?

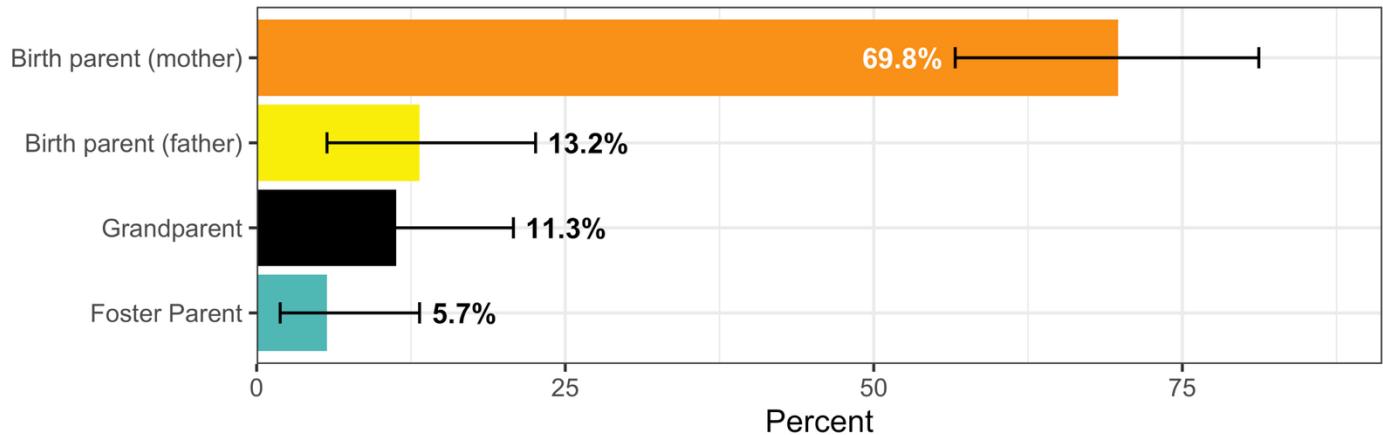


Figure 2: How does your child identify?

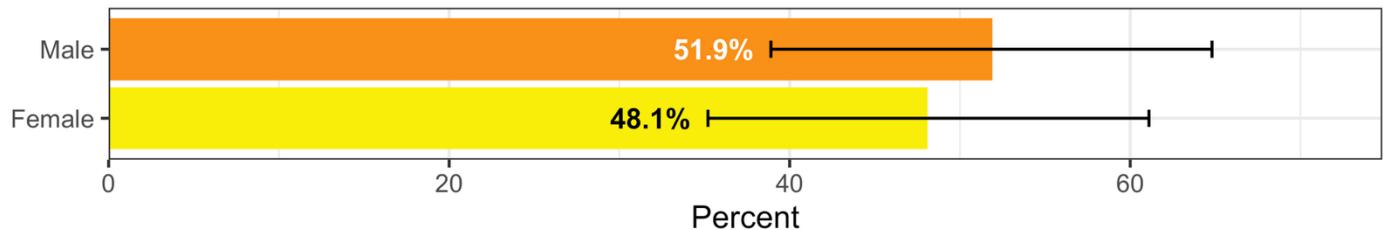


Figure 3: How does your child self-identify?

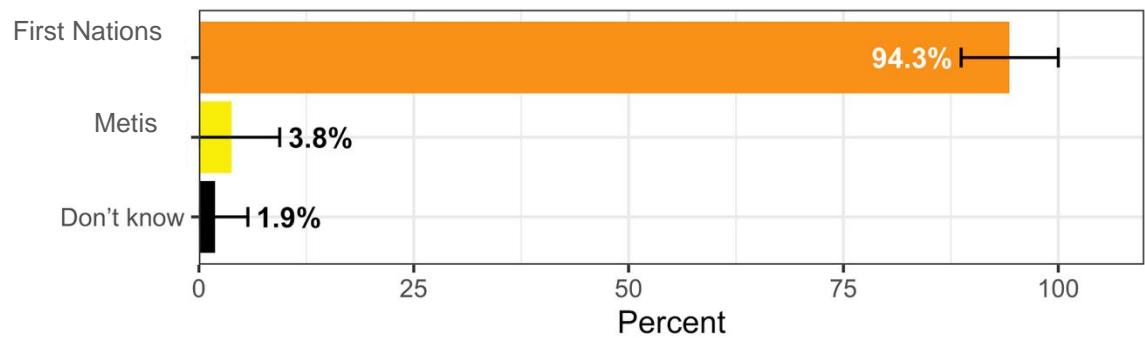
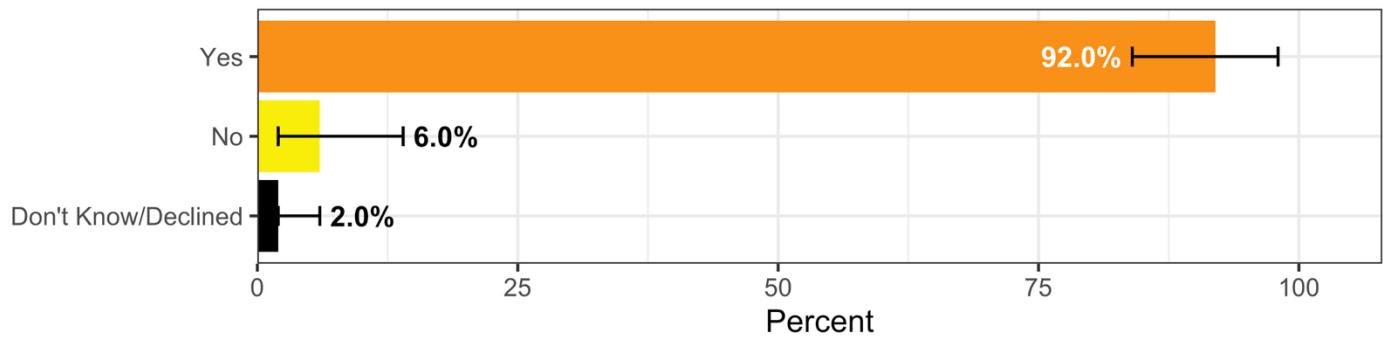


Figure 4: First Nations children who are status (e.g., according to the Indian Act)



NURTURING GROWTH & DEVELOPMENT: BREASTFEEDING/CHESTFEEDING

Figure 5: If you are the parent who gave birth to your child, did you breastfeed/chestfeed or try to breastfeed/chestfeed your child, even if only for a short time?

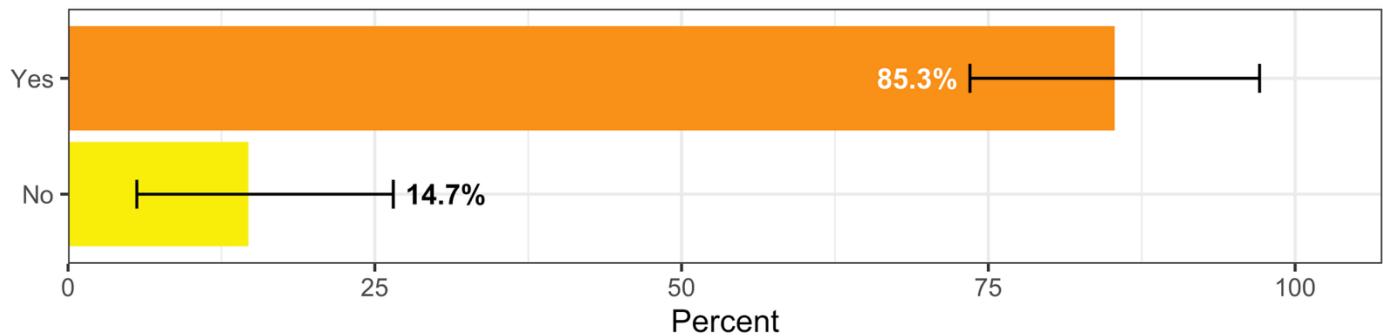
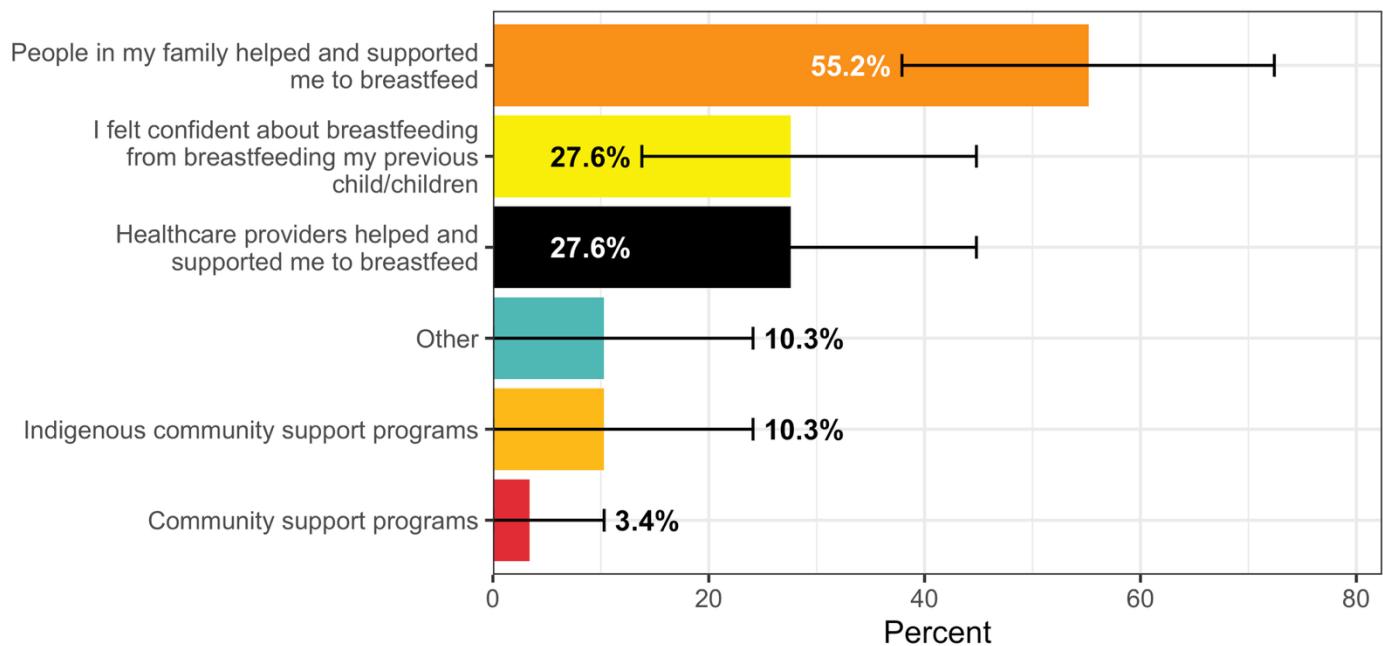


Figure 6: If you did breastfeed/chestfeed, what helped or made it possible for you to be able to breastfeed/chestfeed? (Check all that apply)



NURTURING GROWTH & DEVELOPMENT: NUTRITION

(Children 1 to 14 years of age)

Figure 7: Thinking about the past week (on average), how often does your child eat or drink the following foods? Choose the answer that best describes the way your child normally eats.

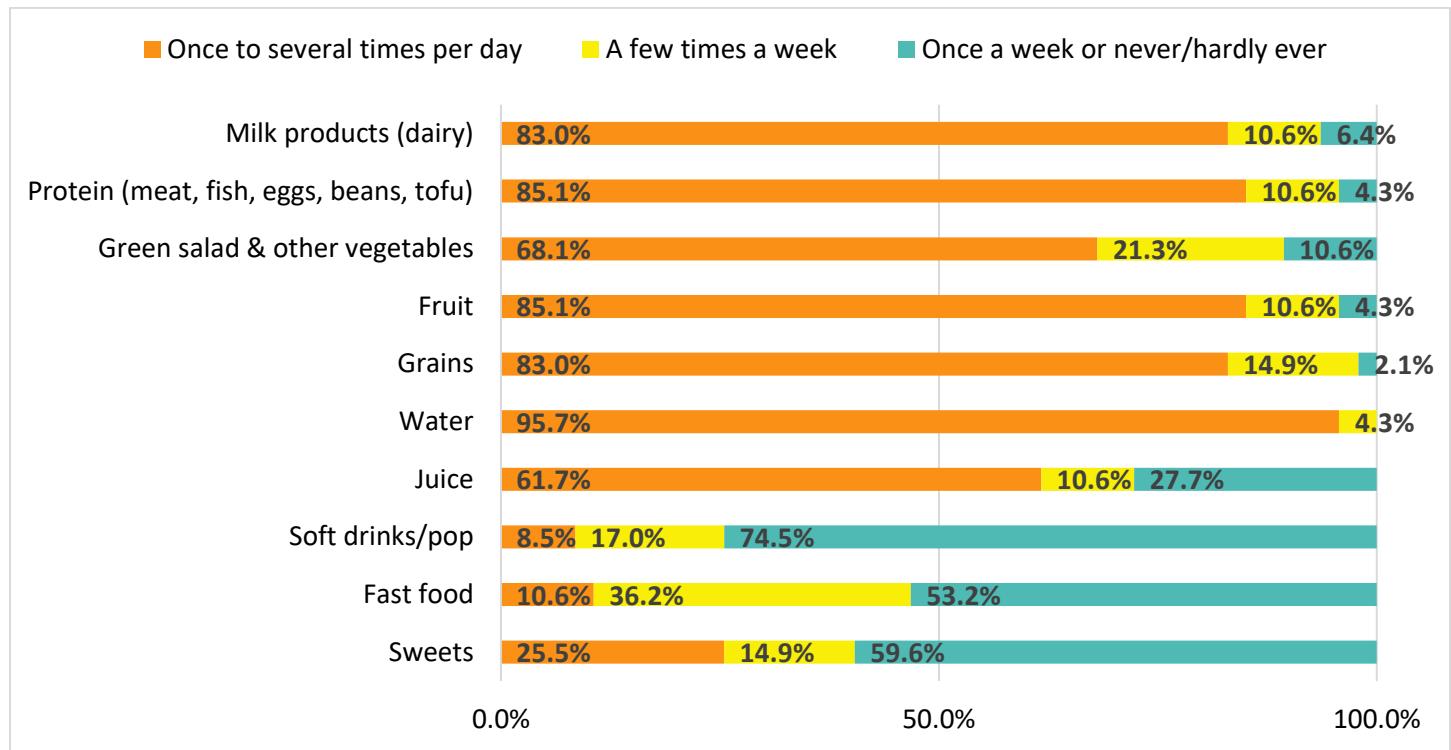


Figure 8: In the past 12 months, how often has your child eaten traditionally hunted/gathered/grown foods?

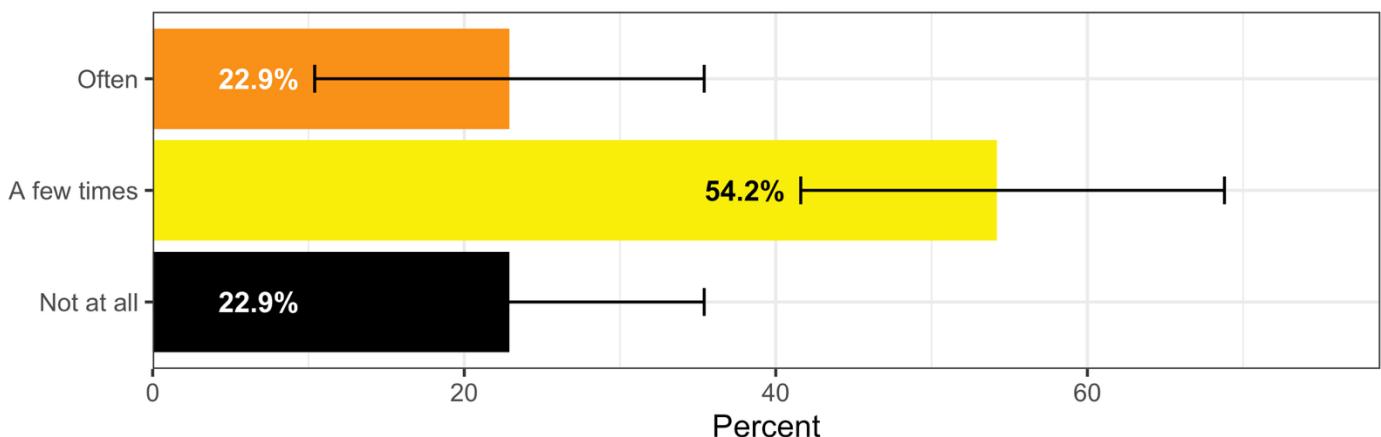
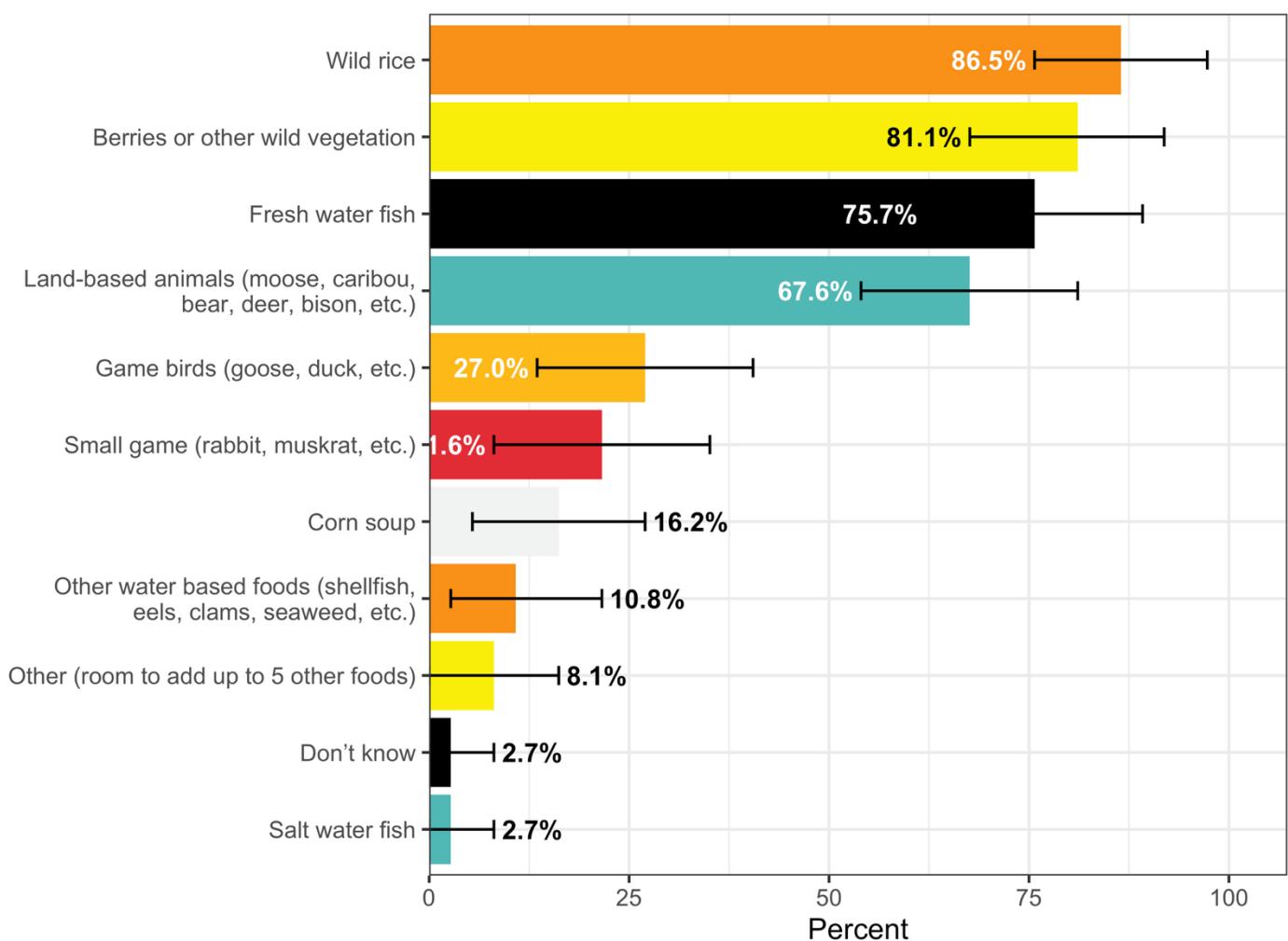


Figure 9: For children who have eaten traditional foods in the past 12 months, which traditional foods has your child eaten? (Check all that apply)



MOTHER AS FIRST ENVIRONMENT

Figure 10: If you are the birth parent, during your pregnancy with your child, did you live in a smoke-free household?

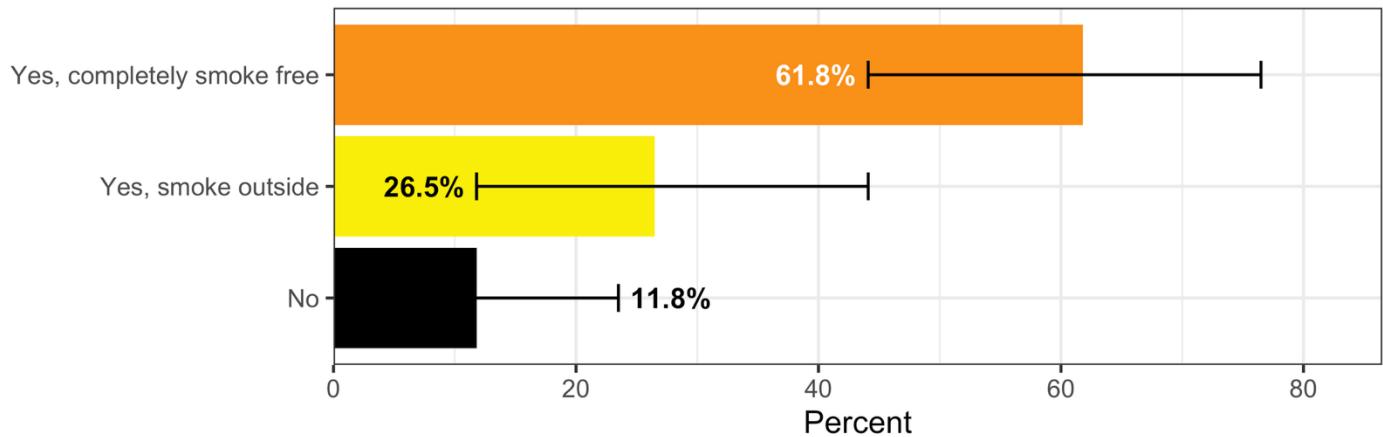
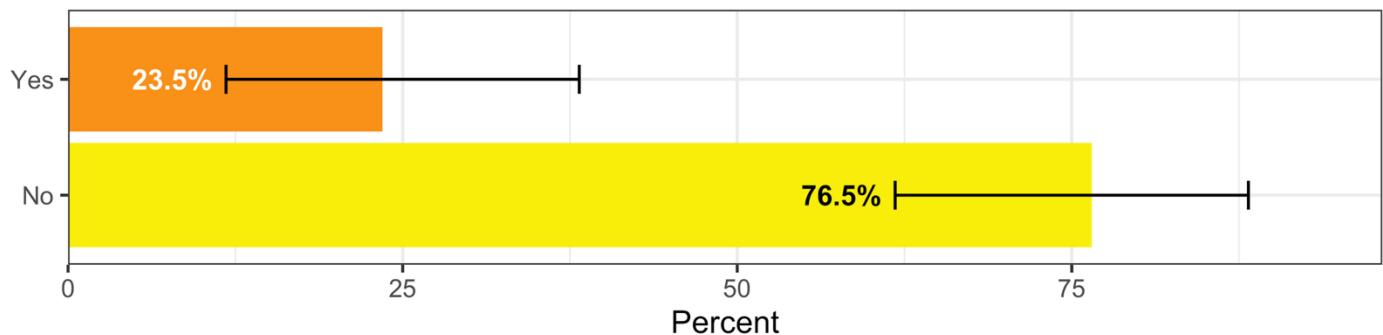


Figure 11: If you are the birth parent, did you experience diabetes during your pregnancy (gestational diabetes, pre-existing Type II diabetes)?



SOCIAL AND DEVELOPMENTAL WELLBEING

Figure 12: Have you ever had a concern about the progress of your child's physical, mental, emotional, spiritual and/or social development?

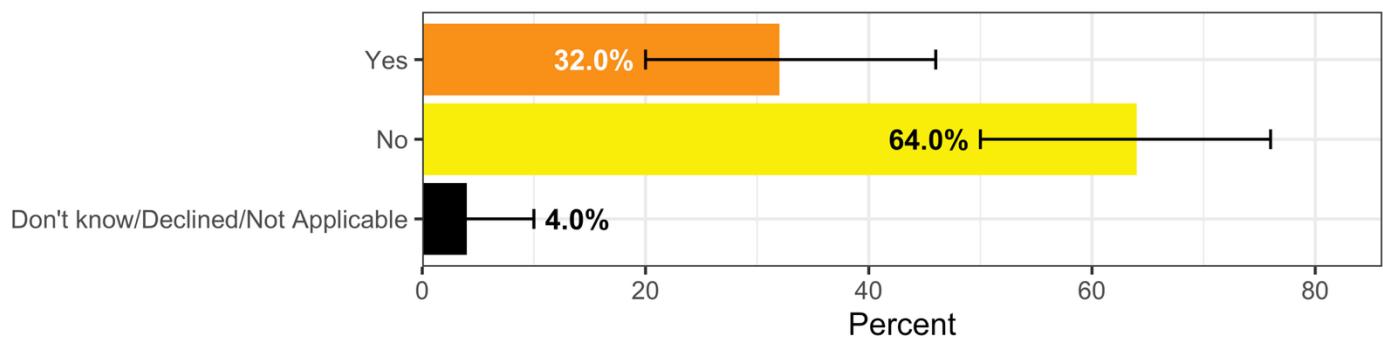


Figure 13: If yes, what areas of development were you concerned about? (Check all that apply)

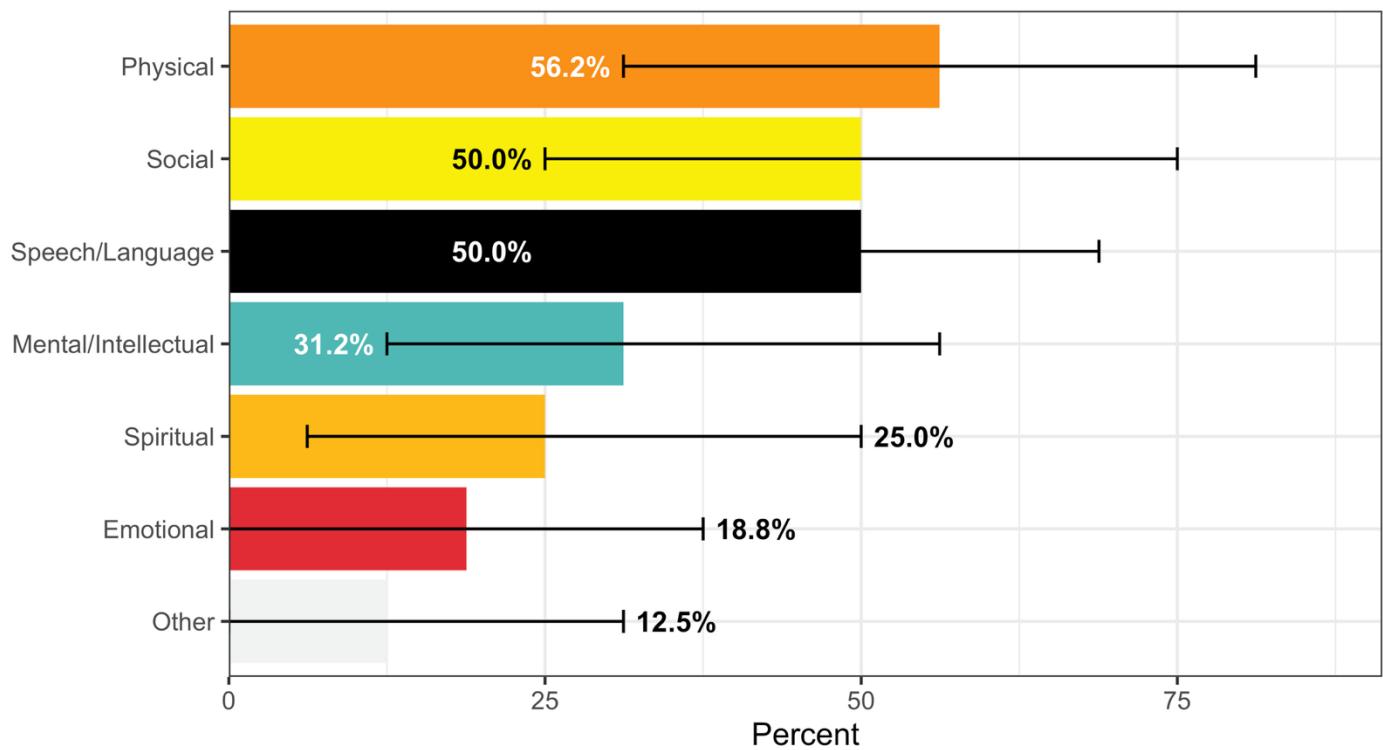


Figure 14: Did you access any of the following supports for your concern? (Check all that apply)

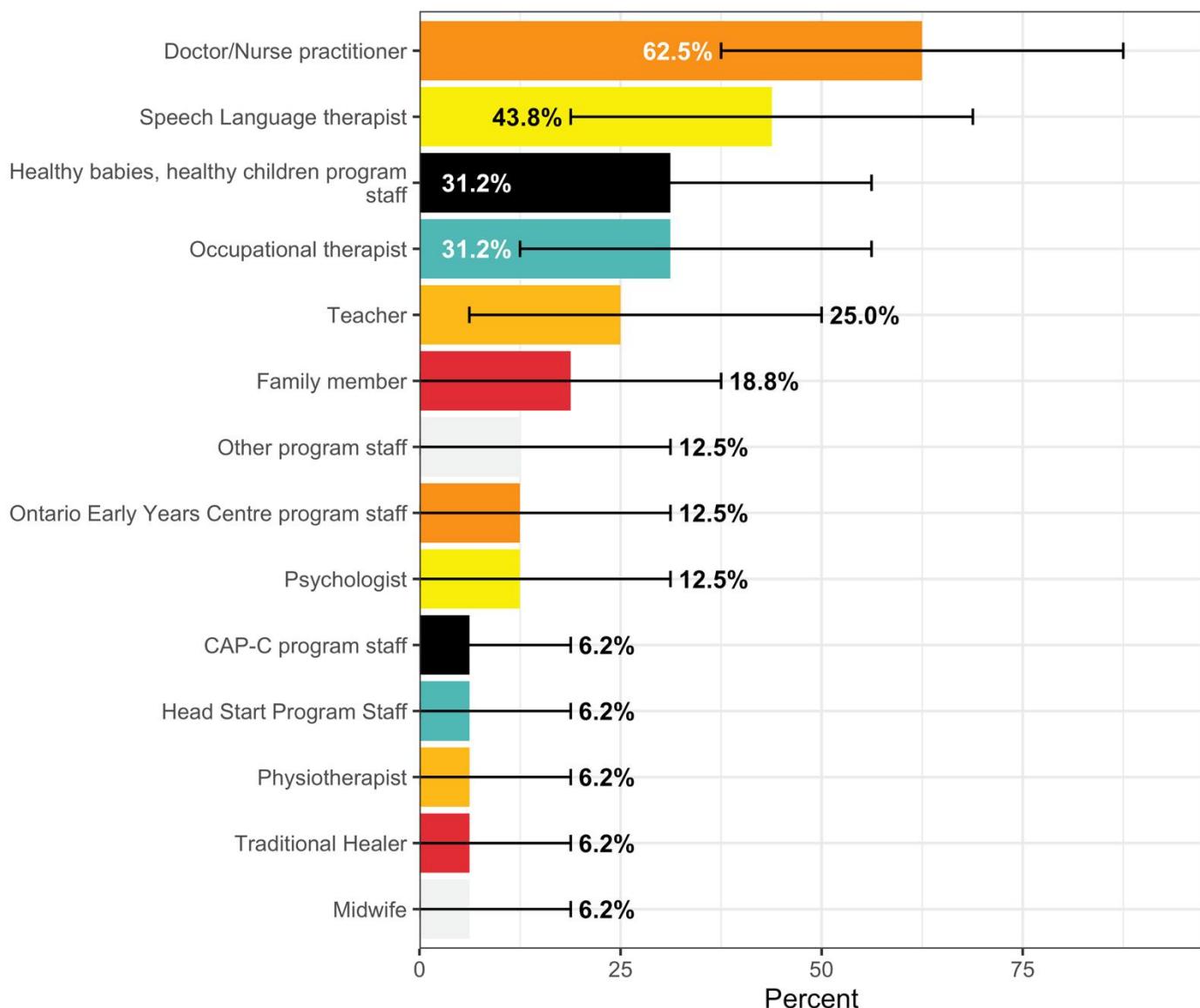
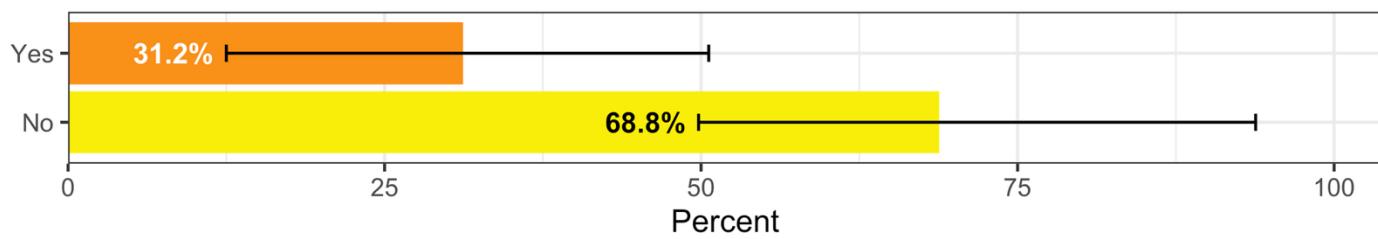


Figure 15: If you accessed supports, did you encounter barriers in accessing these supports?



CHRONIC HEALTH CONDITIONS

Figure 16: Have you been told by a health care professional or teaching/child care professional that your child has any of the following chronic health conditions?

(The conditions listed in the graph below had lasted at least 6 months or were expected to last at least 6 months)

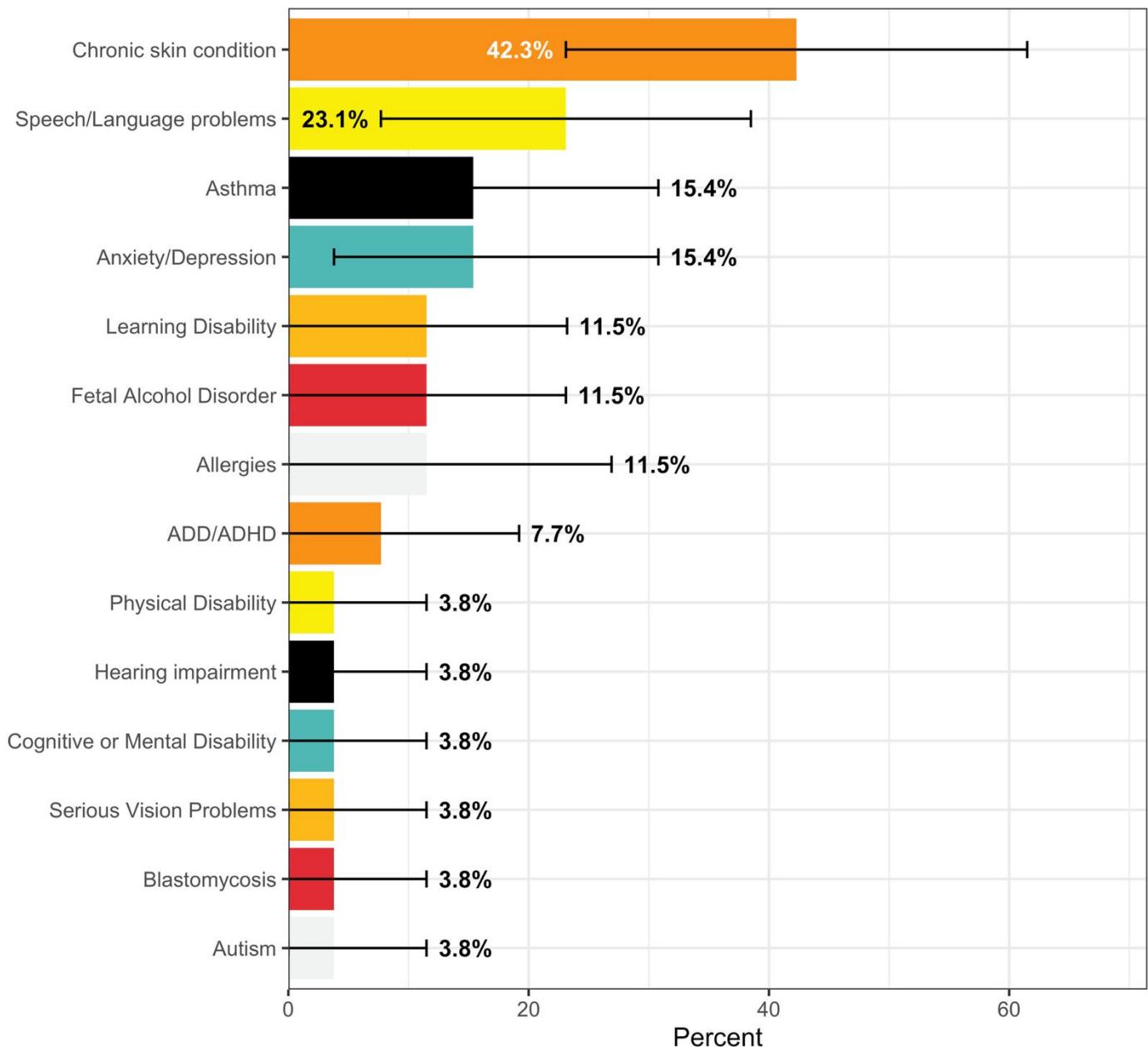
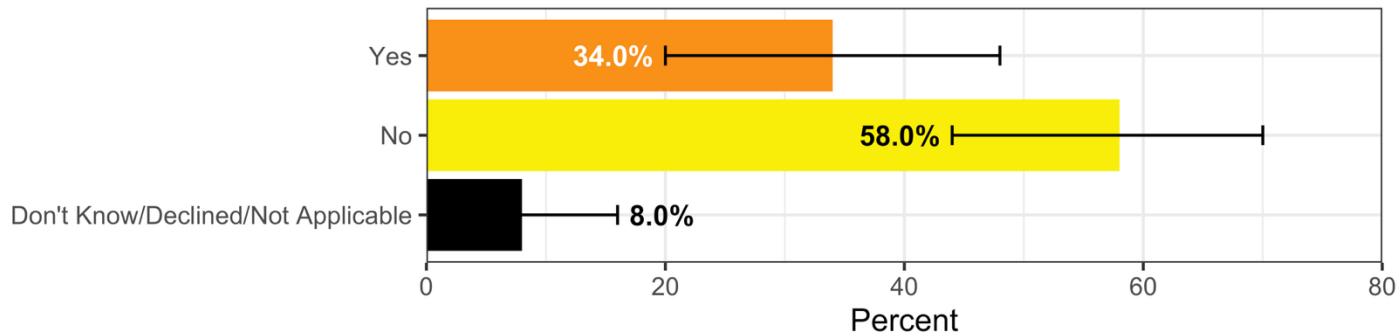


Figure 17: Since birth, has your child ever had an ear infection?



ACCESS TO HEALTH SERVICES: DENTAL HEALTH

(Children 2 to 14 years of age)

Figure 18: Approximately when was the last time your child had any dental care? (e.g. dentist, dental therapist or orthodontist)

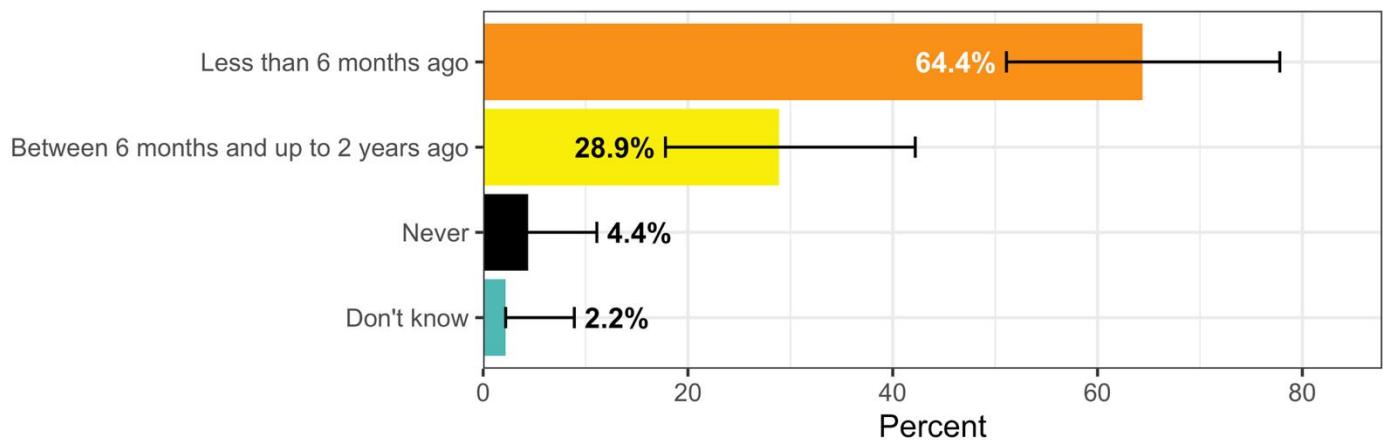
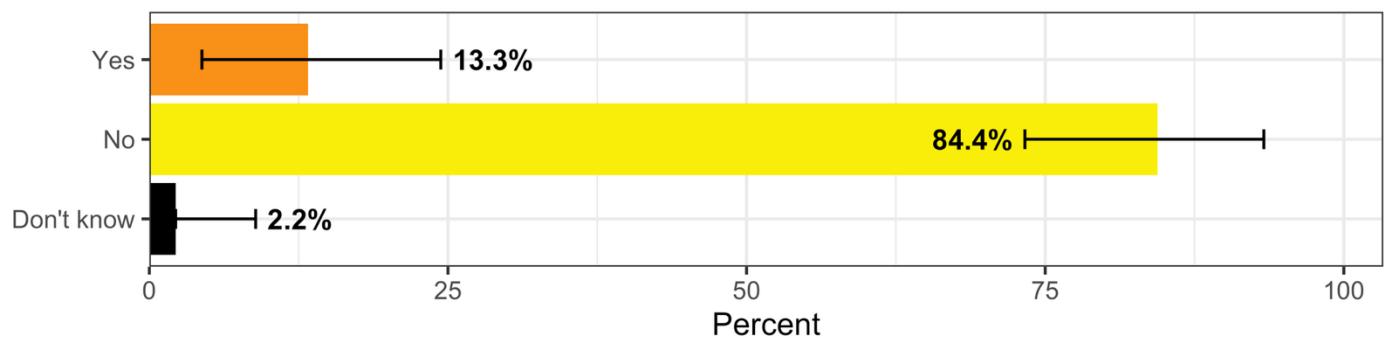


Figure 19: Have your child's teeth been affected by Baby Bottle Tooth Decay (BBTD)?



ACCESS TO HEALTH SERVICES: PRIMARY CARE

Figure 20: Does your child have a regular primary health care provider (e.g., doctor, pediatrician, or nurse) who is familiar with your child's health and medical history?

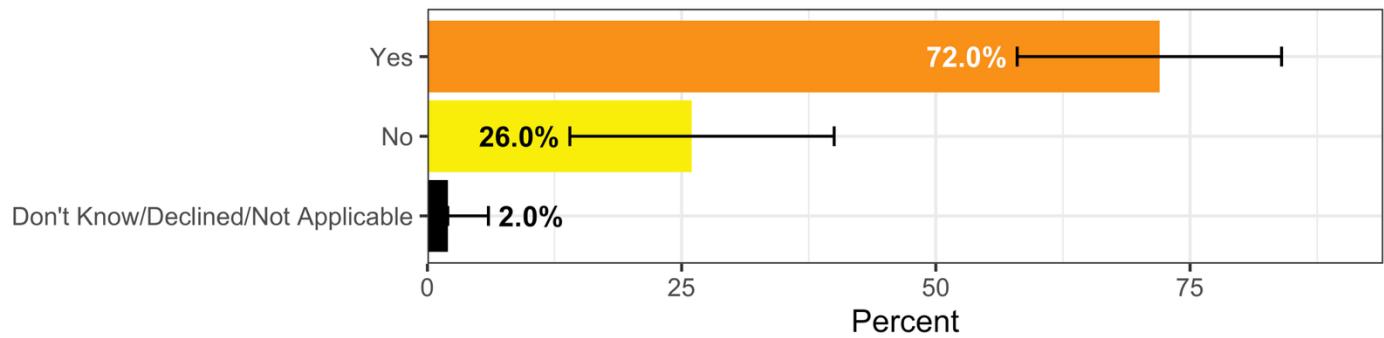


Figure 21: If yes, which is your child's primary health care provider?

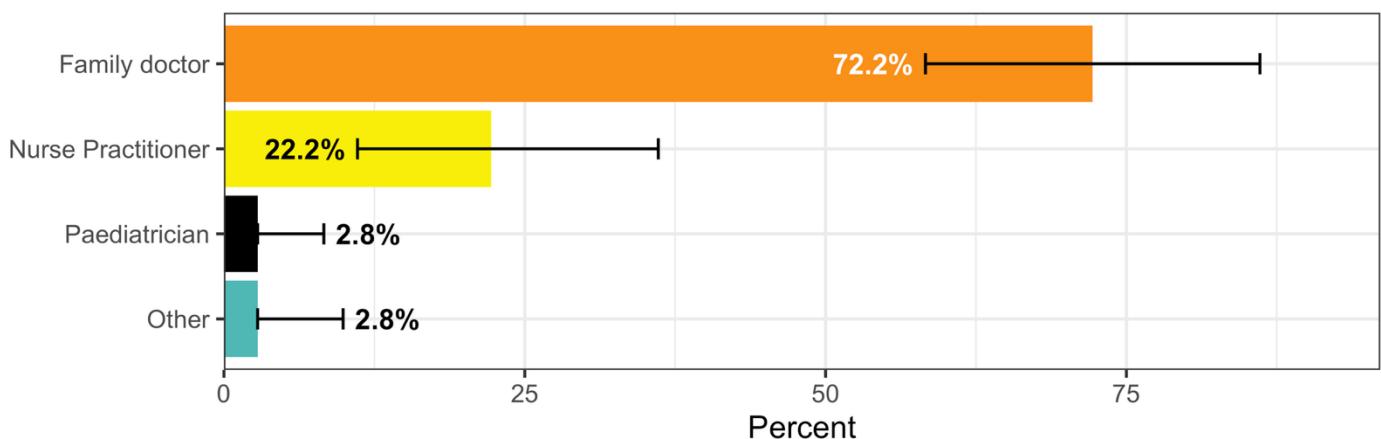
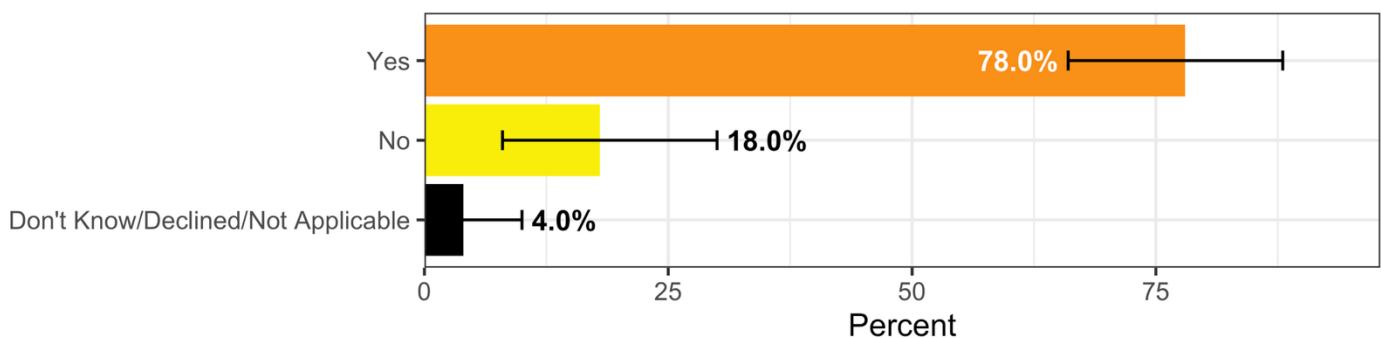


Figure 22: Has your child been to see a health care provider within the last year?



ACCESS TO HEALTH SERVICES: TRADITIONAL HEALING & MEDICINES

Figure 23: Has your child ever been seen and/or treated by a traditional healer?

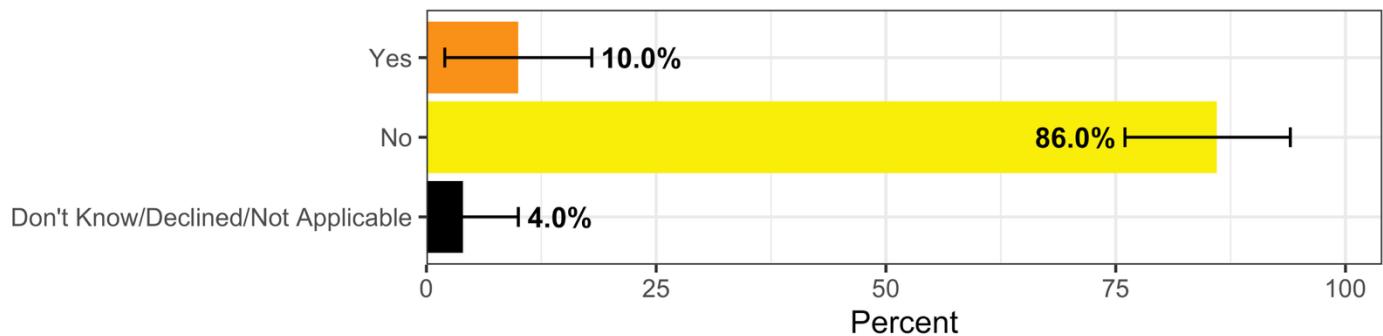
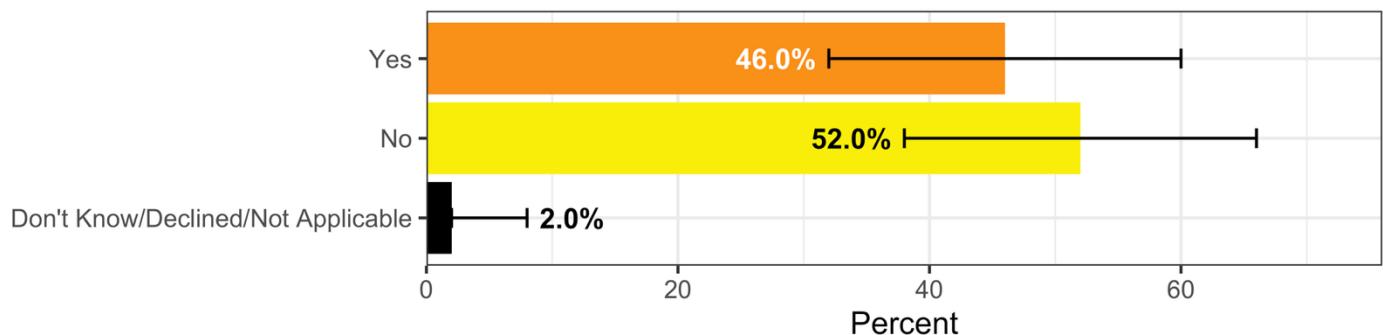
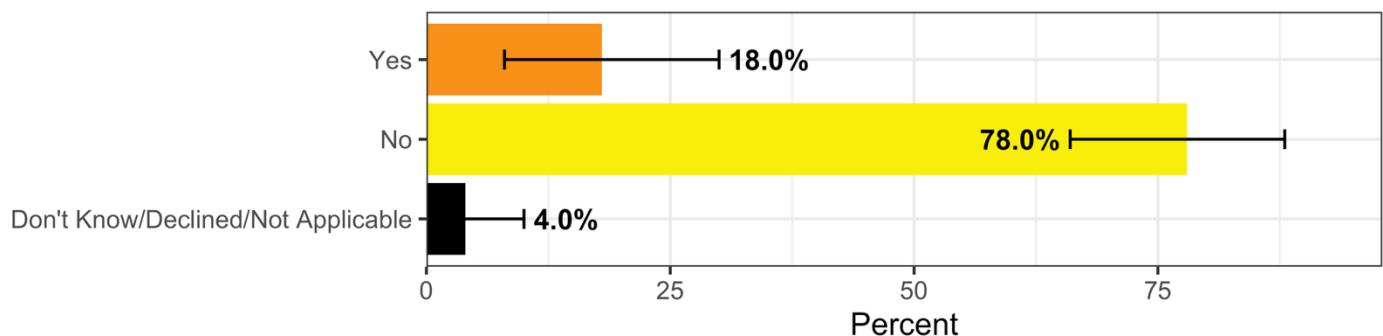


Figure 24: Has your child ever used and/or taken traditional medicines (e.g., smudging, teas, etc.)?



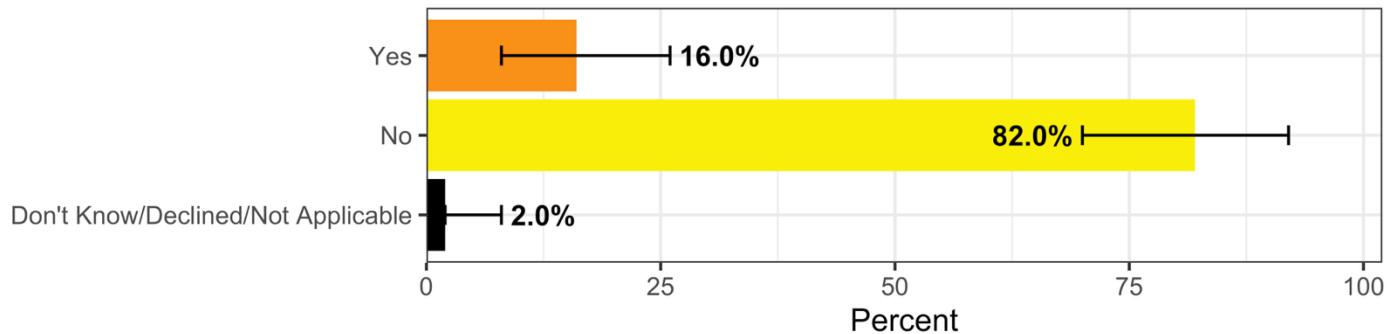
ACCESS TO HEALTH SERVICES: SPECIALIST CARE

Figure 25: Has your child been referred to see a medical specialist in the past 12 months?



ACCESS TO HEALTH SERVICES: UNMET HEALTH NEEDS

Figure 26: In the previous 12 months, was there a time you felt your child needed health care services but did not receive them?



CHILDHOOD IMMUNIZATIONS

(Children 0-6 years of age)

Figure 27: Within the past year, did any health care provider discuss your child's immunizations with you?

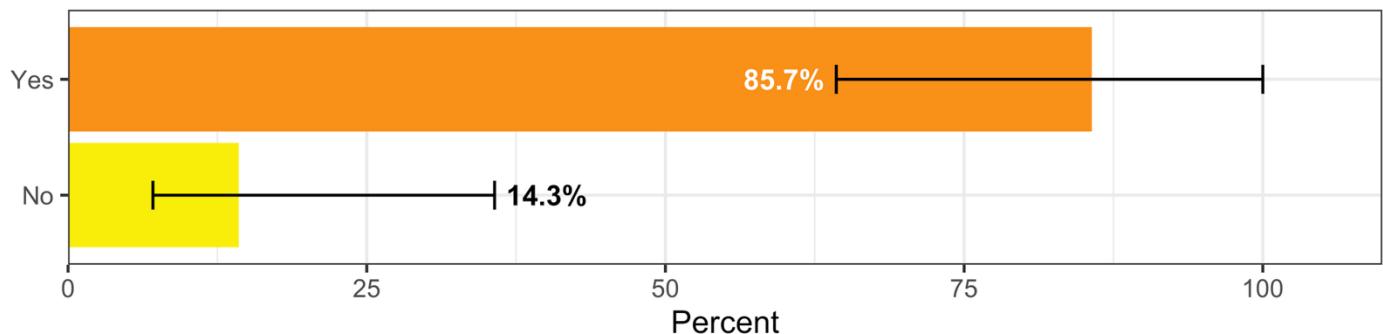


Figure 28: Has your child ever received immunizations?

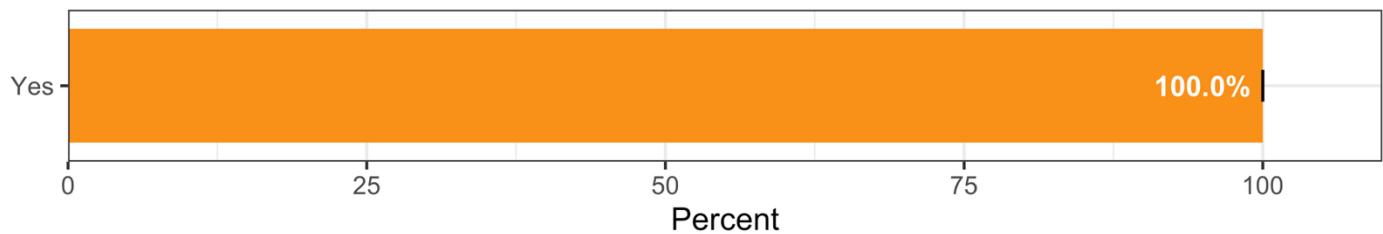
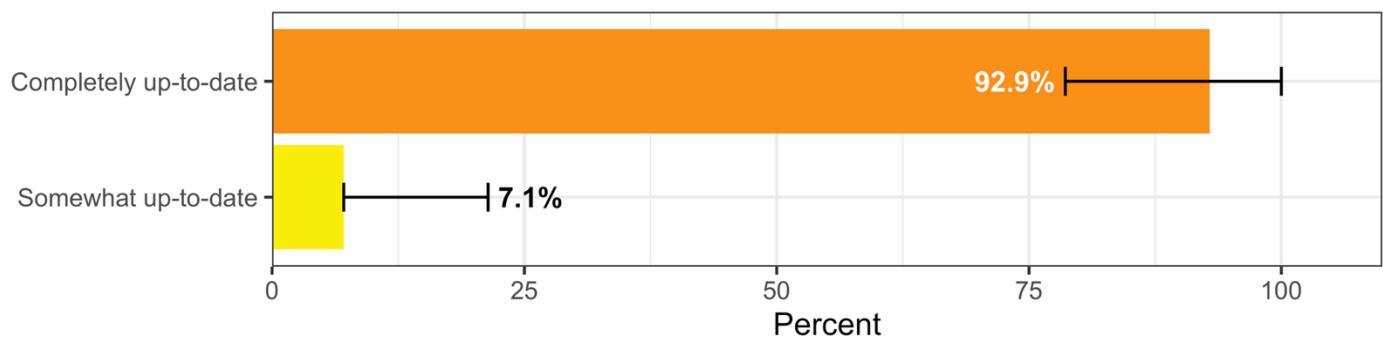


Figure 29: To the best of your knowledge, how up-to-date is your child on the immunizations recommended for their age?



PHYSICAL ACTIVITY

(Children 5-14 years of age)

Figure 30: On average how many minutes of physical activity would you say your child got in total each day in the past week?

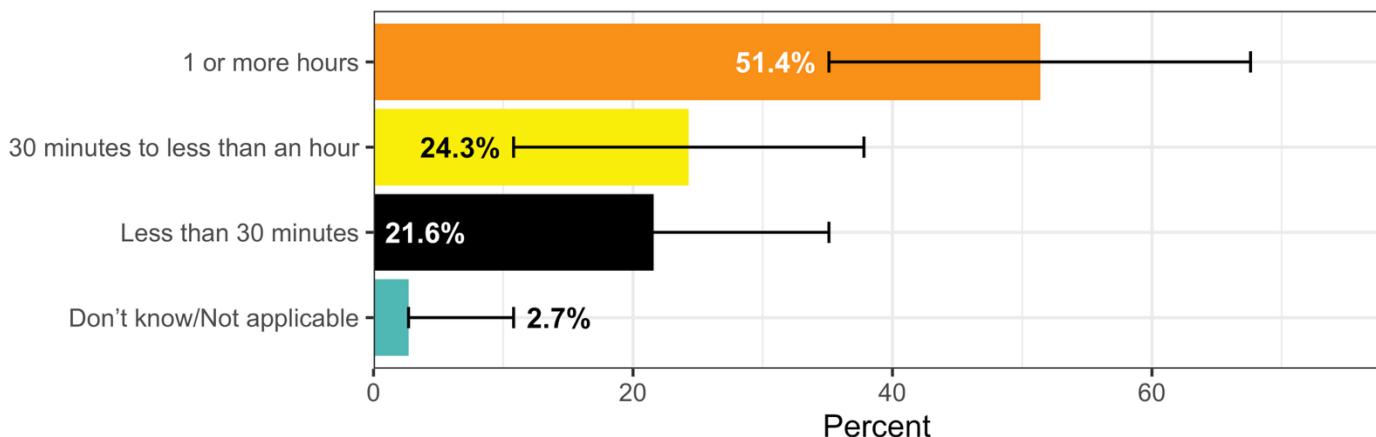
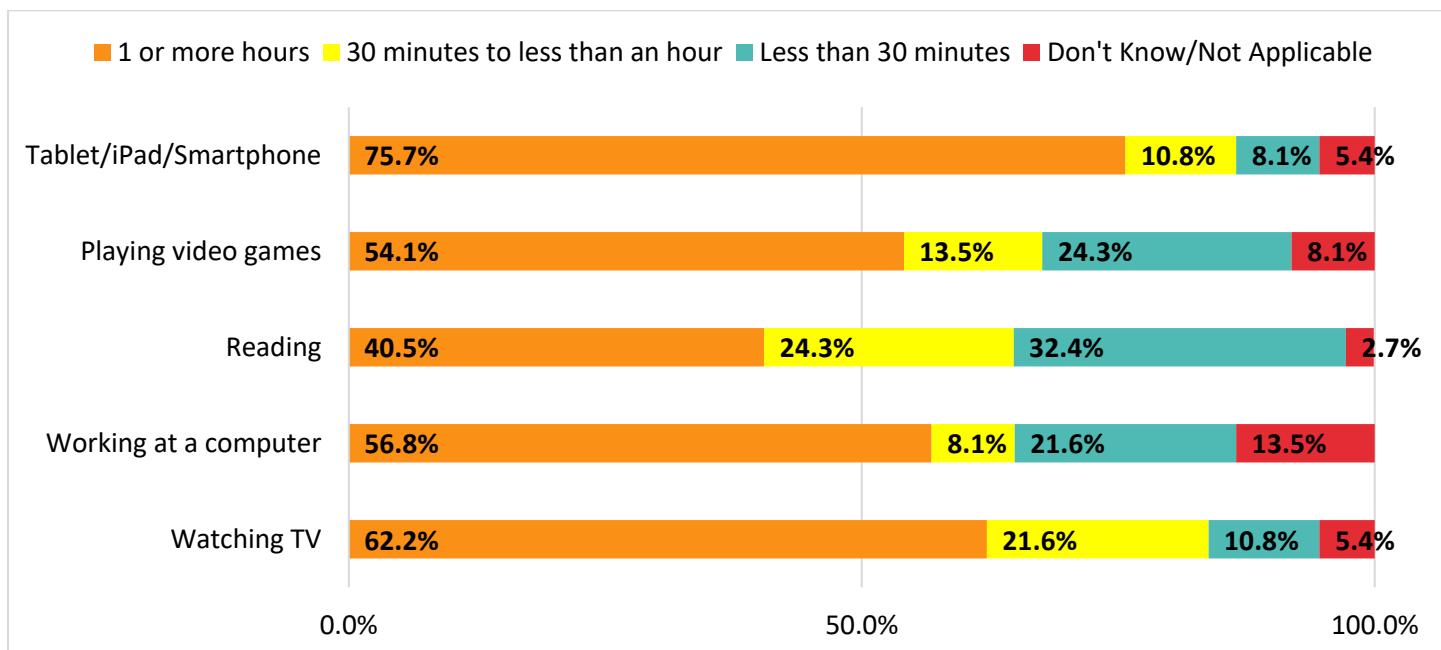


Figure 31: Thinking about the past week, how much time in an average day did your child spend doing the following...?



SCHOOL EXPERIENCES AND PERFORMANCES

(Children 2-14 years of age)

Figure 32: Has your child attended an early childhood development or preschool program?

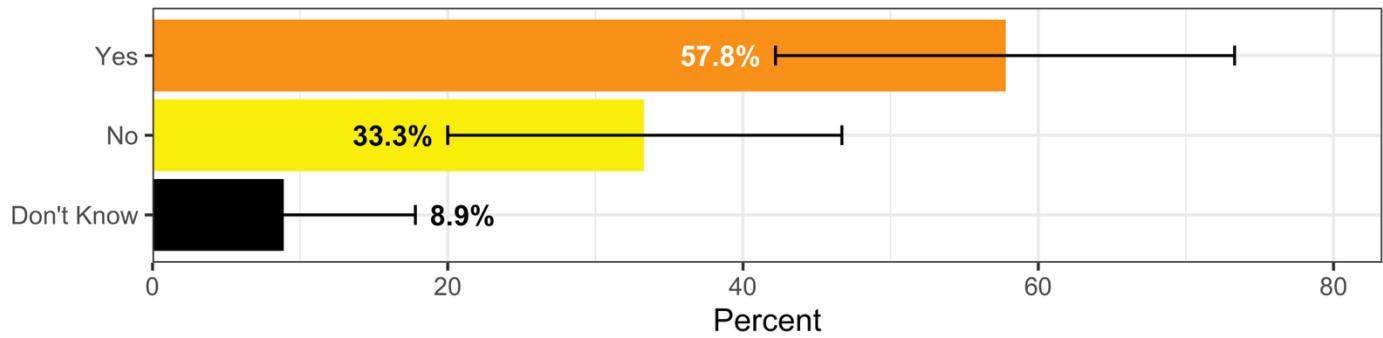
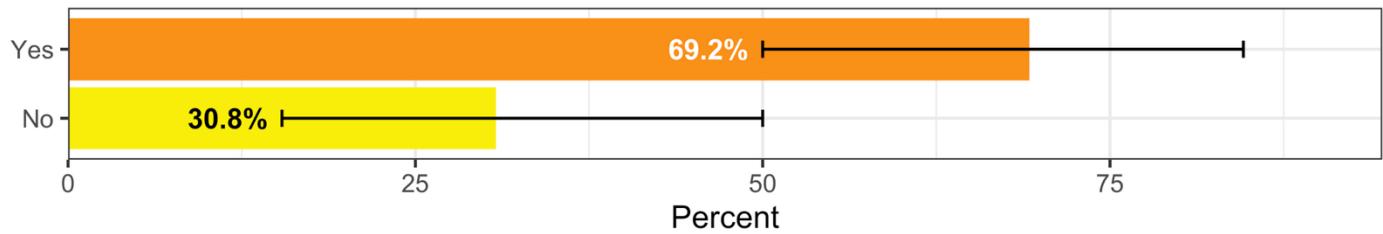


Figure 33: If yes, was this program designed specifically for Indigenous children?



SCHOOL EXPERIENCES AND PERFORMANCES

(Children 5-14 years of age)

Figure 34: How many different schools has your child attended altogether?

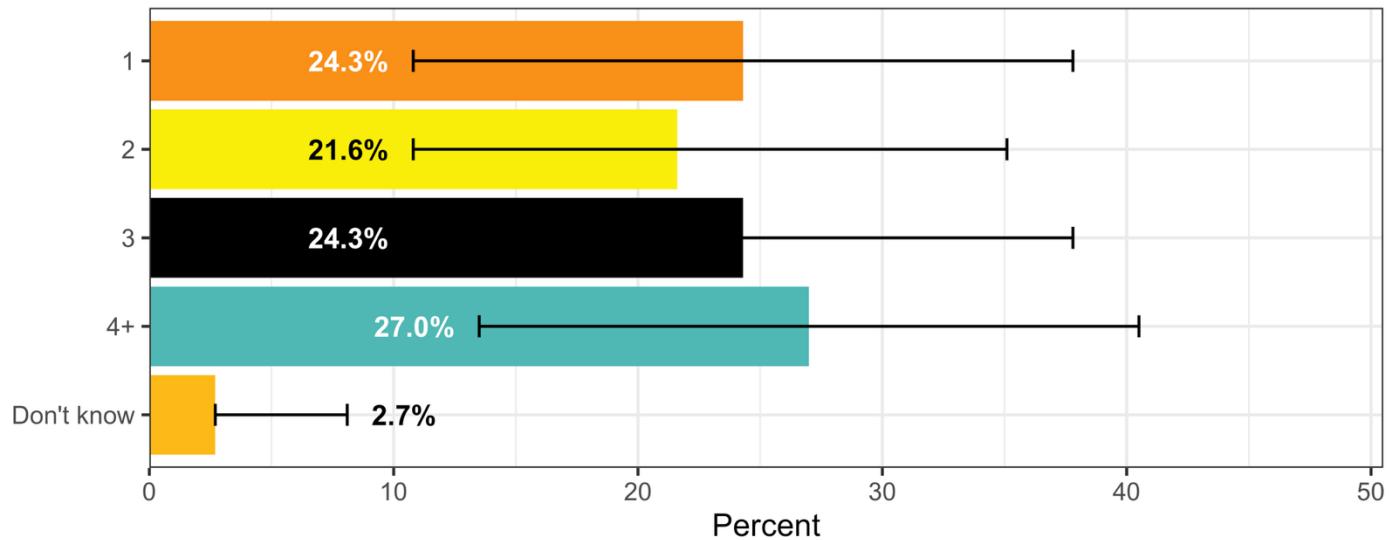
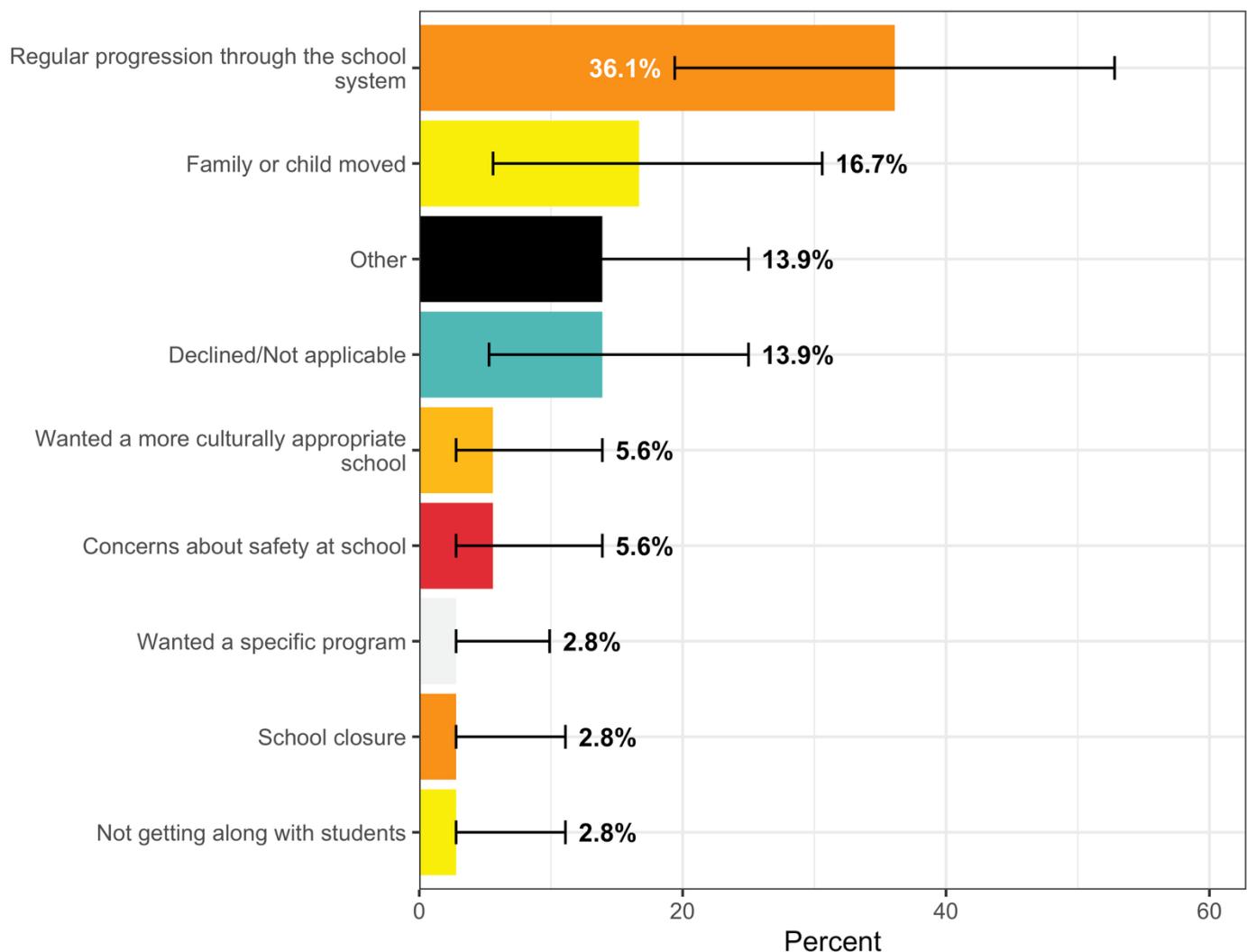


Figure 35: For your child's last change in schools, what was the main reason for changing schools?



How do you feel about the following statements about your child's school..? (see figures 36 to 45)

Figure 36: Overall, my child feels safe at school.

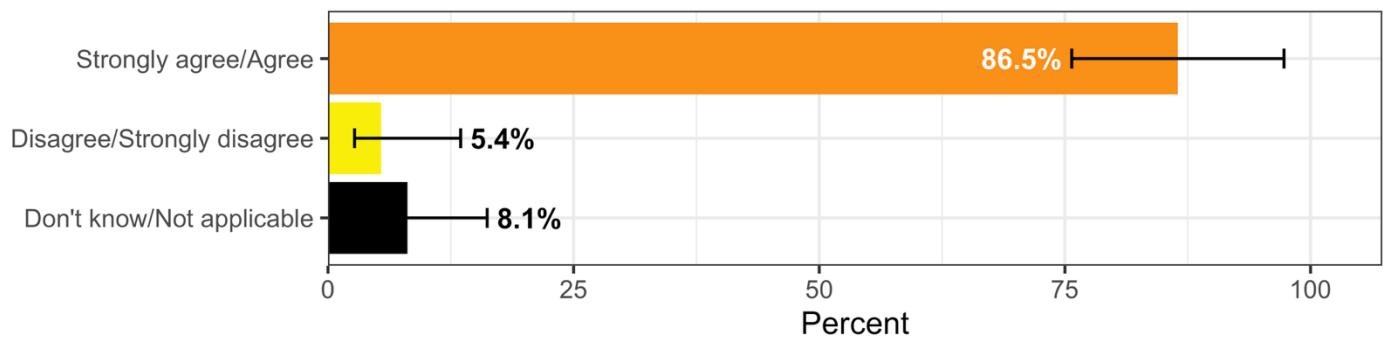


Figure 37: Overall, my child is happy at school.

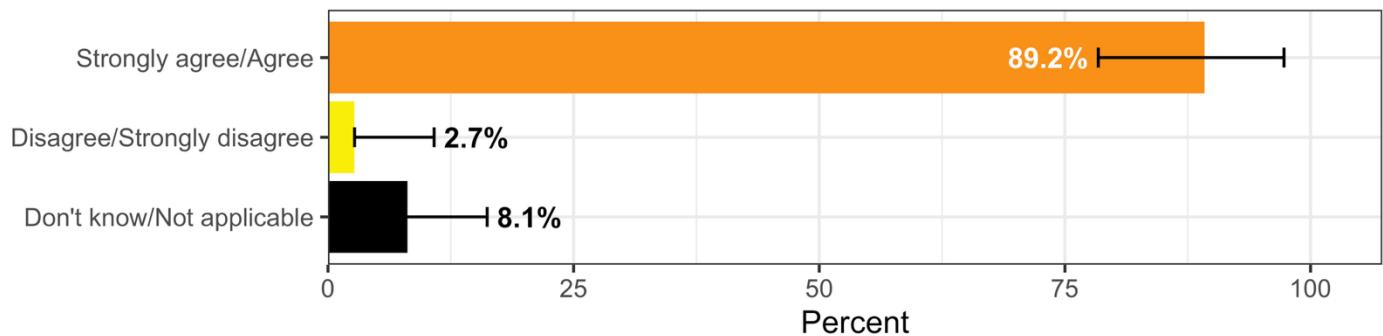


Figure 38: Most children in the school enjoy being there.

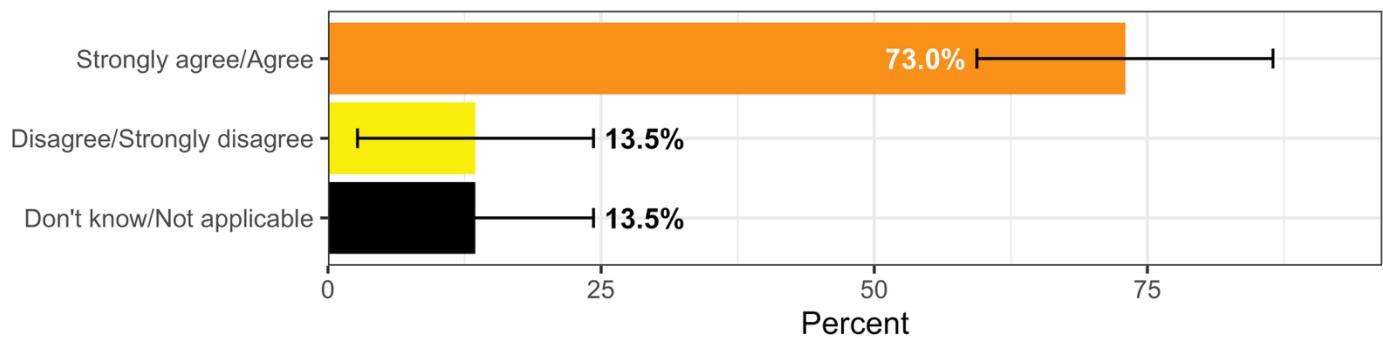


Figure 39: This school offers parents many opportunities to be involved in school activities.

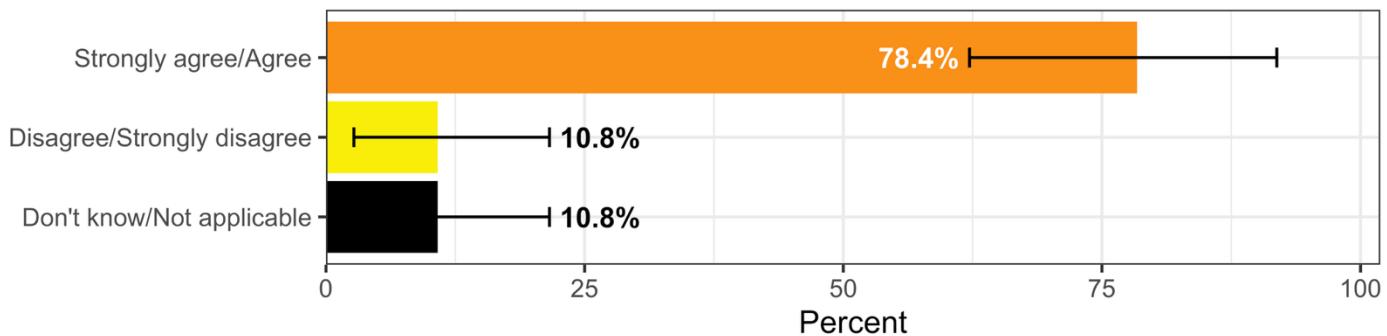


Figure 40: This school supports First Nations, Métis or Inuit culture (through teaching and/or activities).

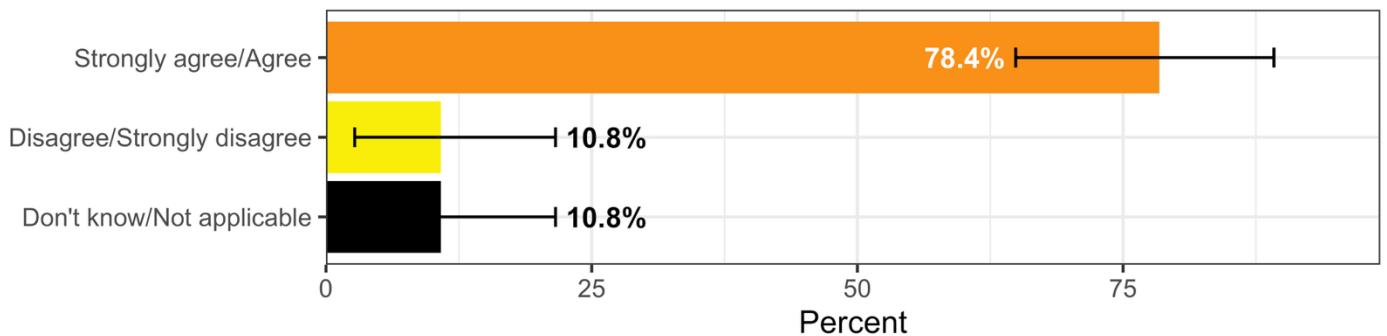


Figure 41: Racism is a problem at school.

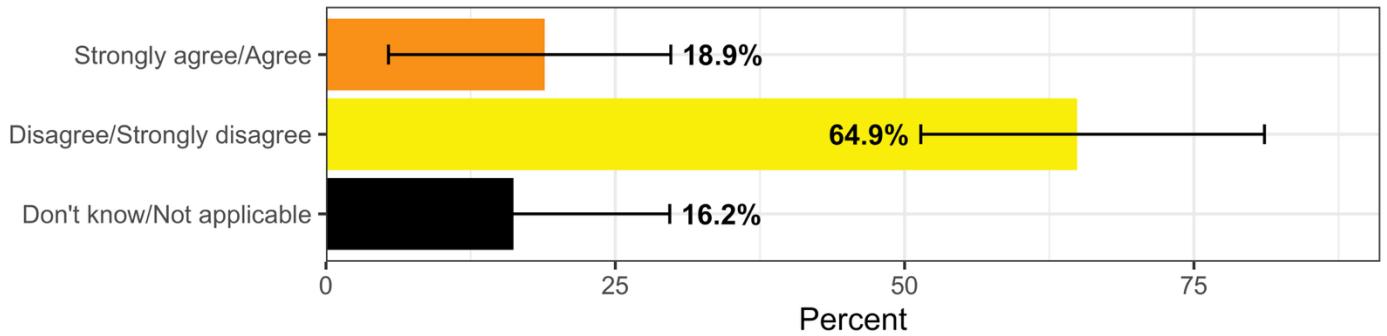


Figure 42: Bullying is a problem at school.

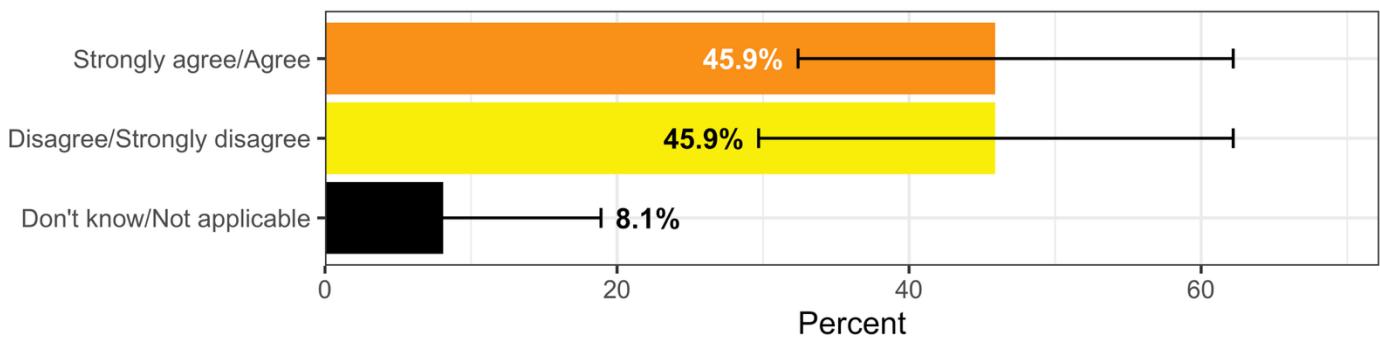


Figure 43: The presence of alcohol is a problem at school.

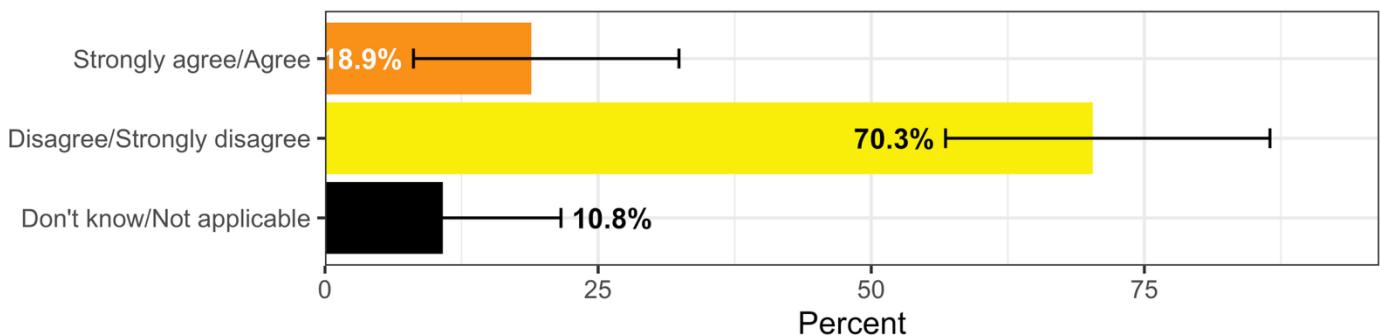


Figure 44: The presence of drugs is a problem at school.

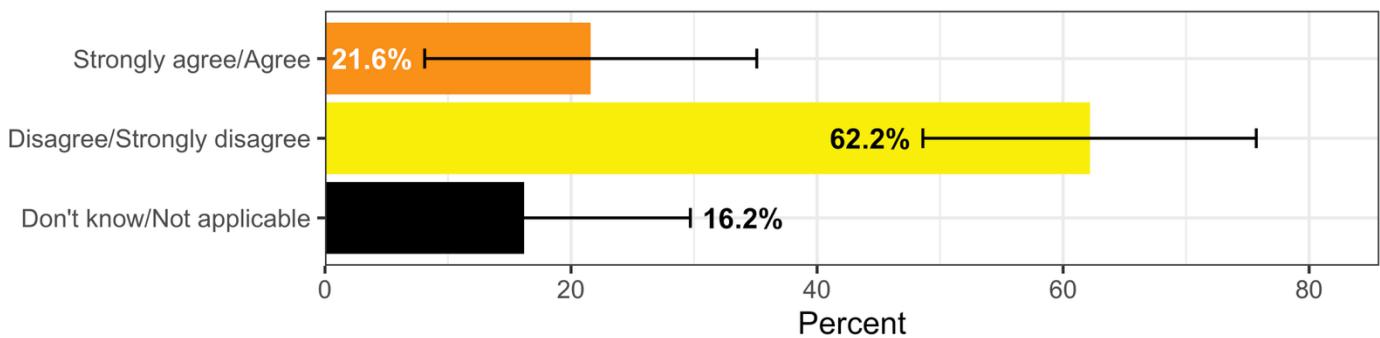


Figure 45: Violence is a problem at school.

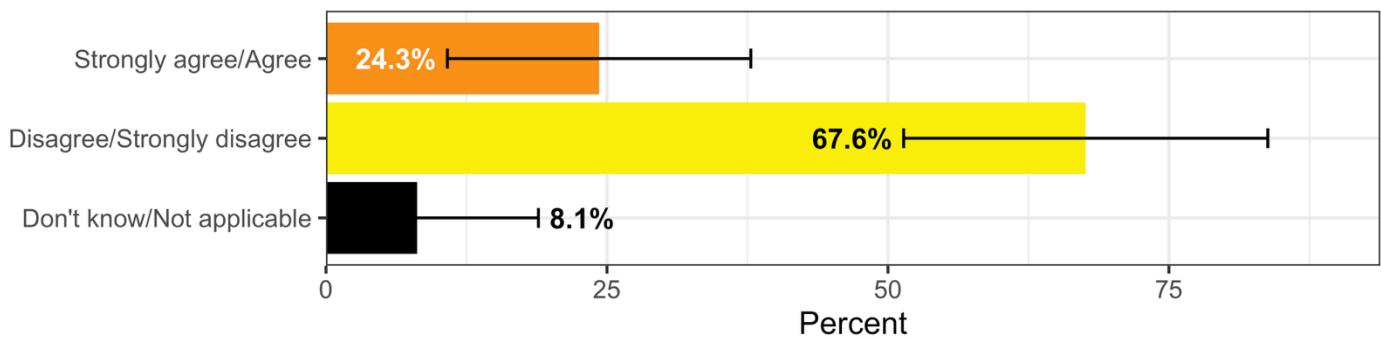


Figure 46: Has your child ever been taught an Indigenous language in classes at school?

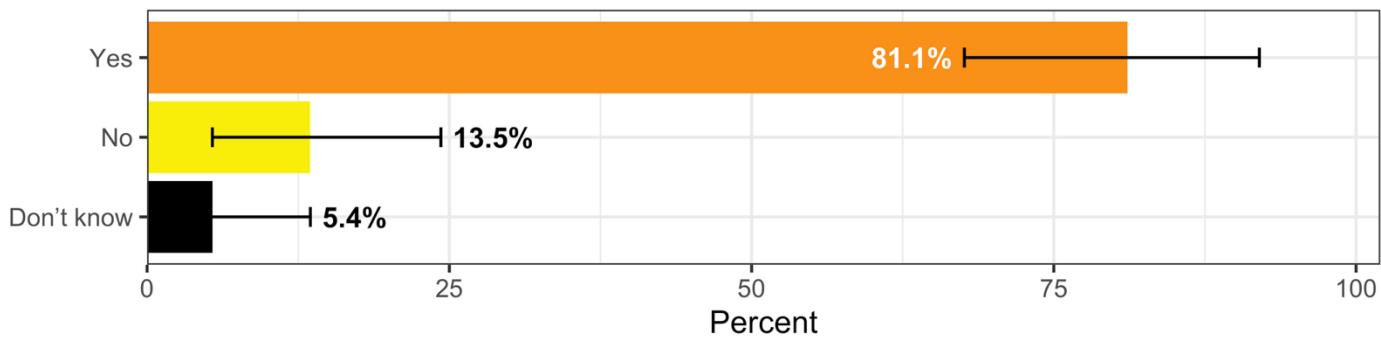
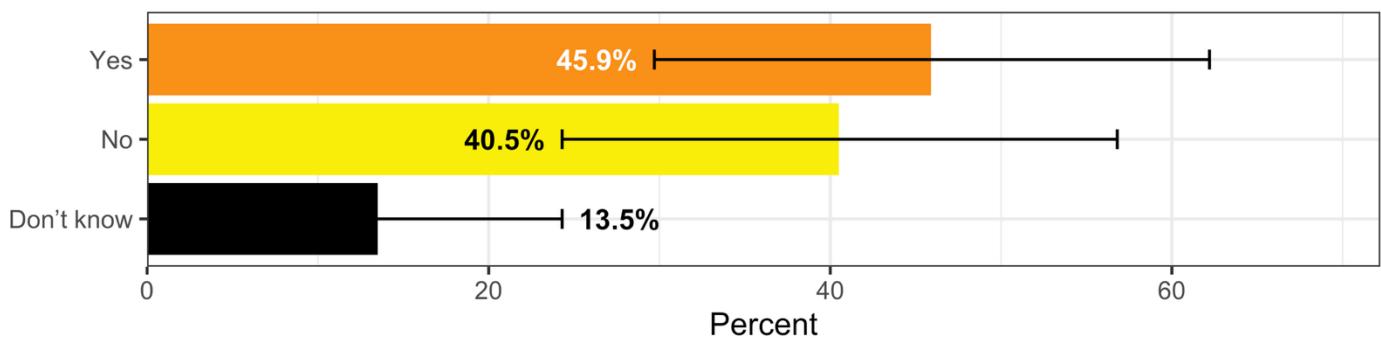


Figure 47: Has your child ever been taught other subjects in an Indigenous language for two or more hours per day?



RELATIONSHIP TO FAMILY

(Children 2-14 years of age)

Figure 48: Even though I may not always manage it, I know what I need to do with my child.

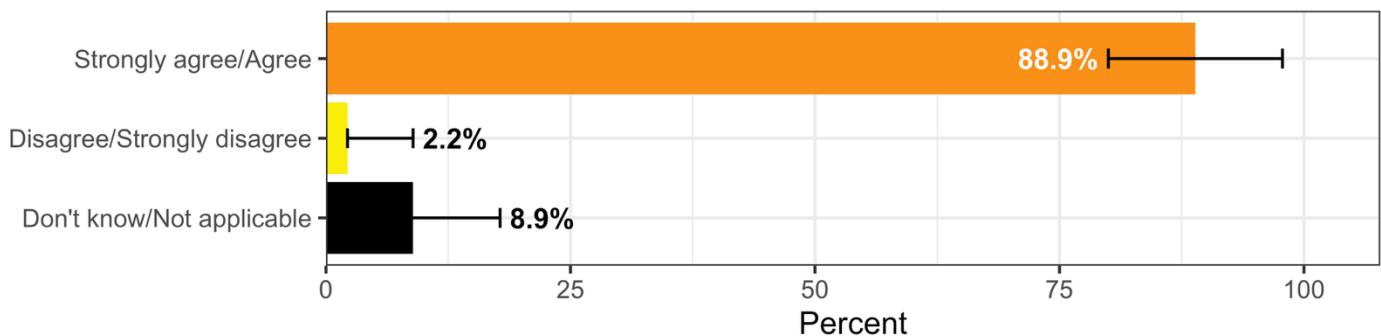


Figure 49: My child's behaviour largely depends on what I do and how I feel.

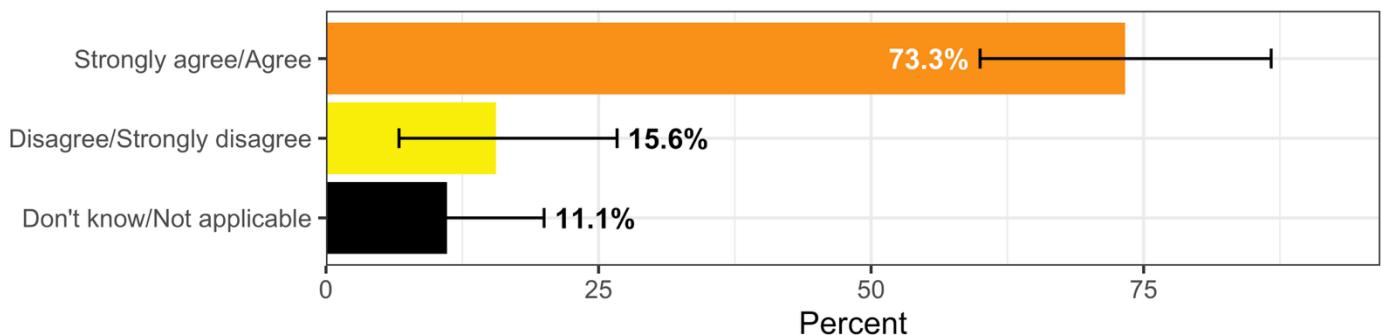


Figure 50: I am able to do the things that will improve my child's behaviour.

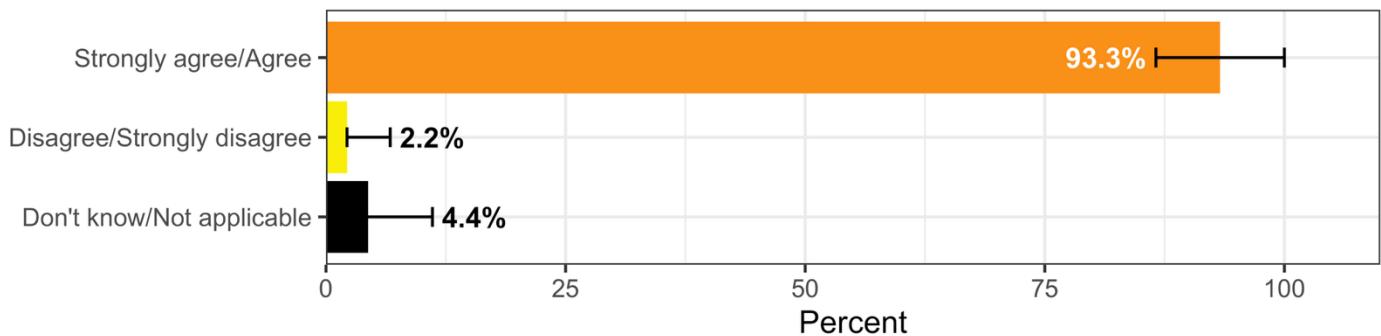


Figure 51: I can make an important difference to my child.

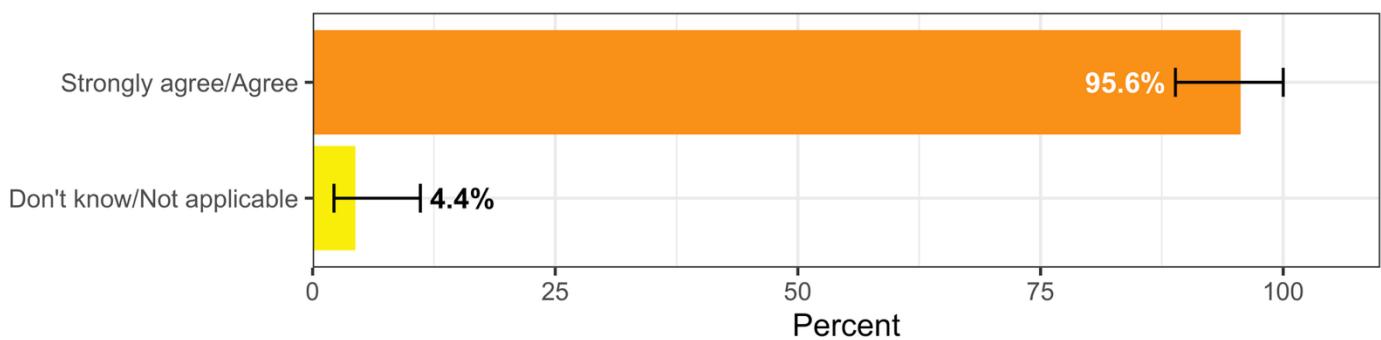
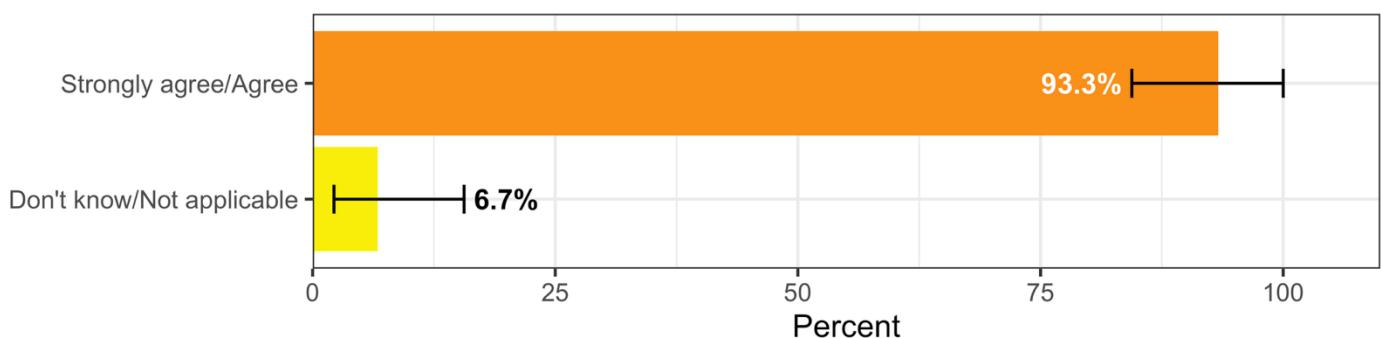


Figure 52: The things I do make a difference to my child's behaviour.



RELATIONSHIP TO FAMILY

(Children 5-14 years of age)

Figure 53: I take time out to play or do something fun with my child.

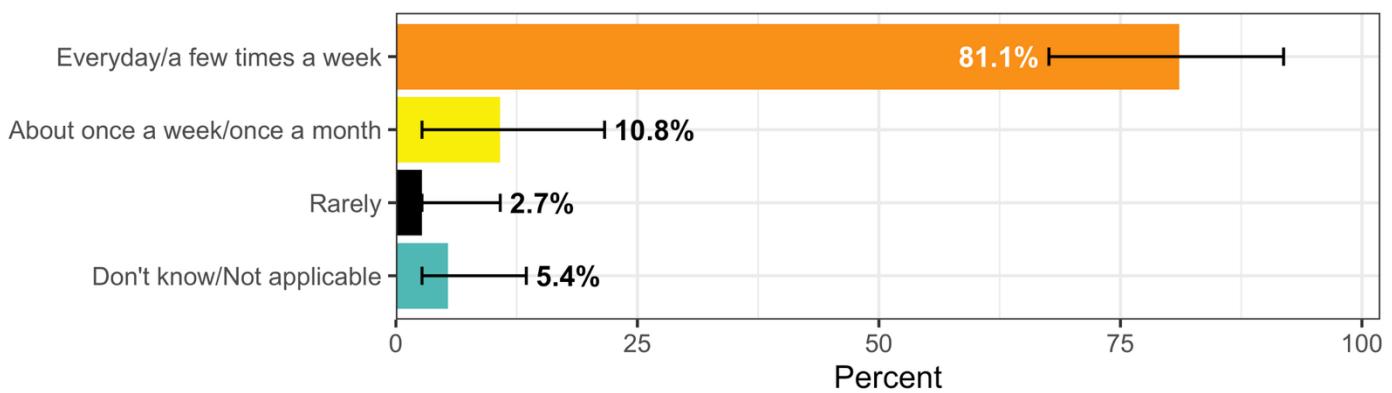


Figure 54: I give my child responsibilities around the house.

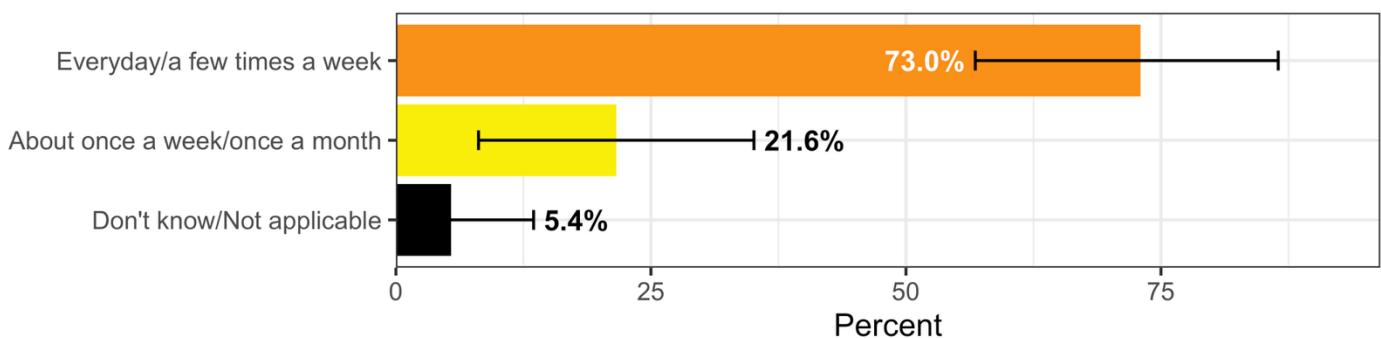


Figure 55: I offer my child choices

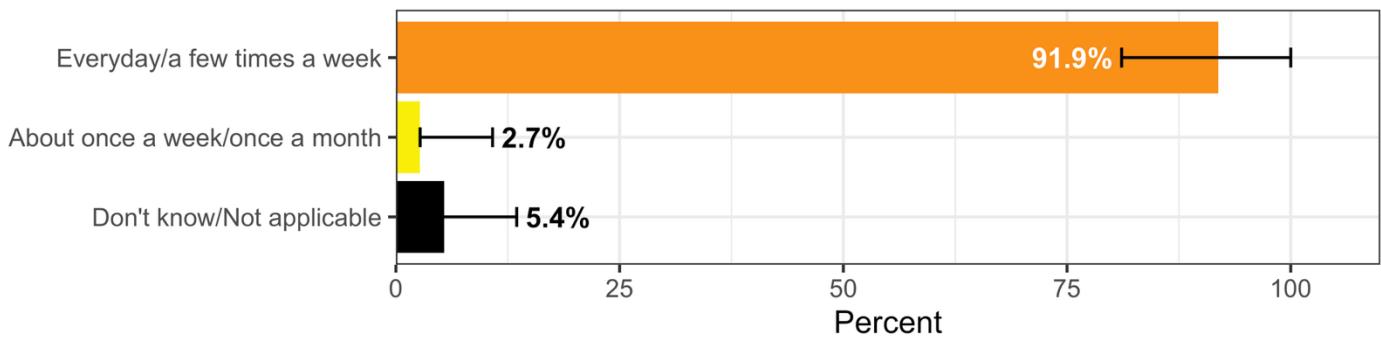


Figure 56: I encourage my child in a sincere and specific way.

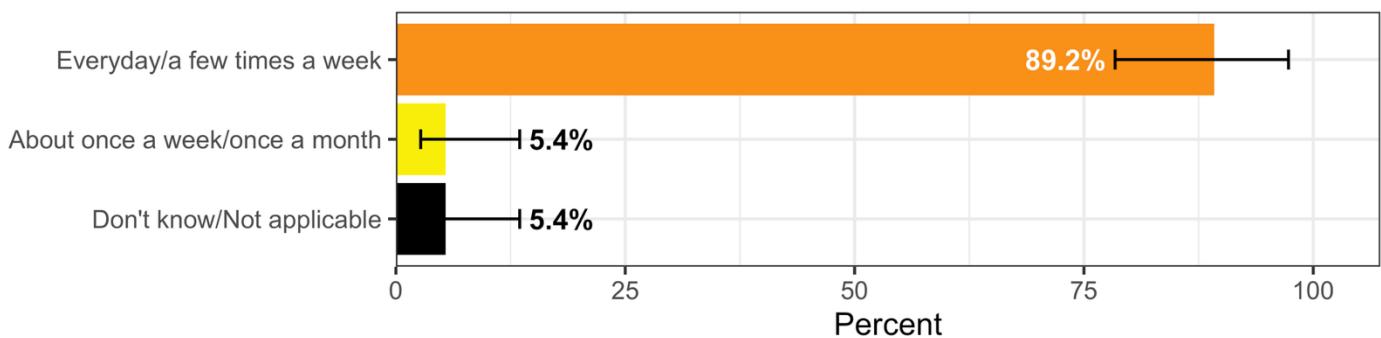


Figure 57: I discuss our family's values with my child.

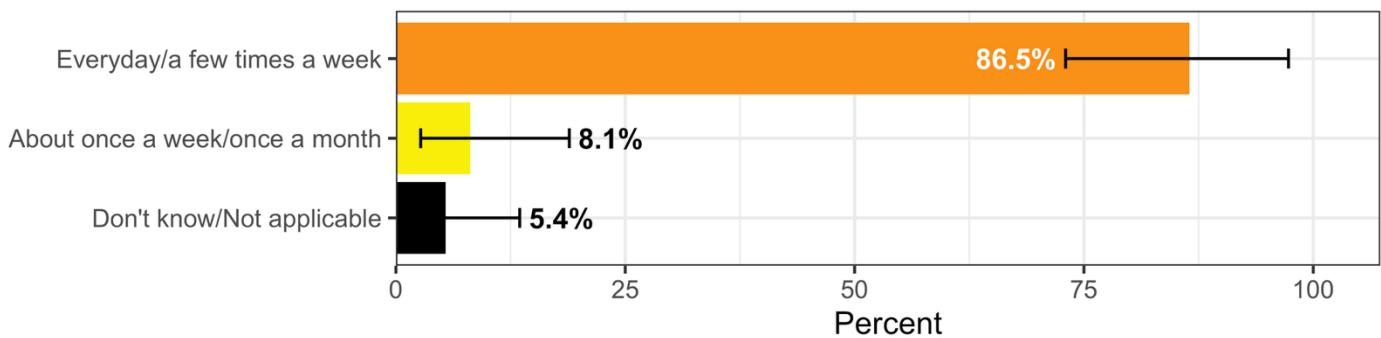


Figure 58: I talk to my child about the negative effects of alcohol, tobacco, and other drugs.

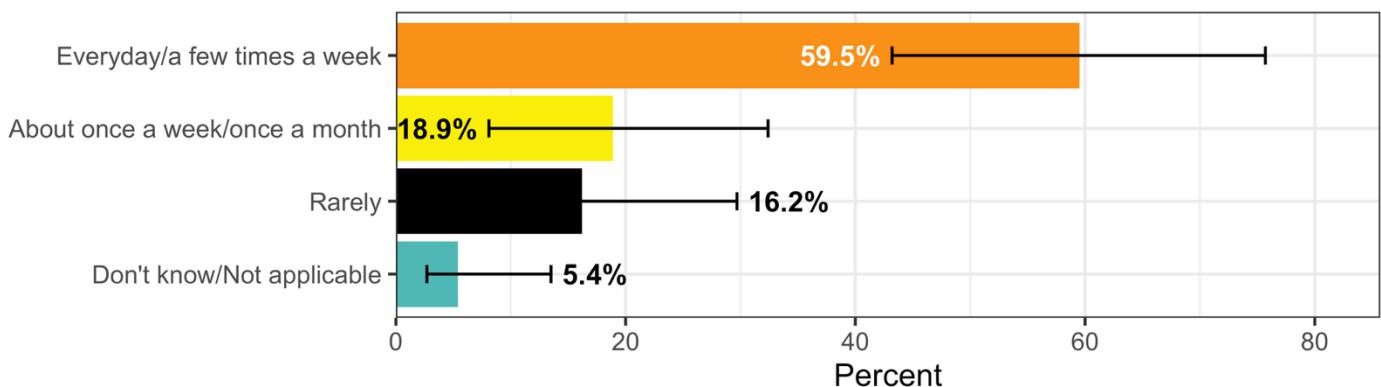
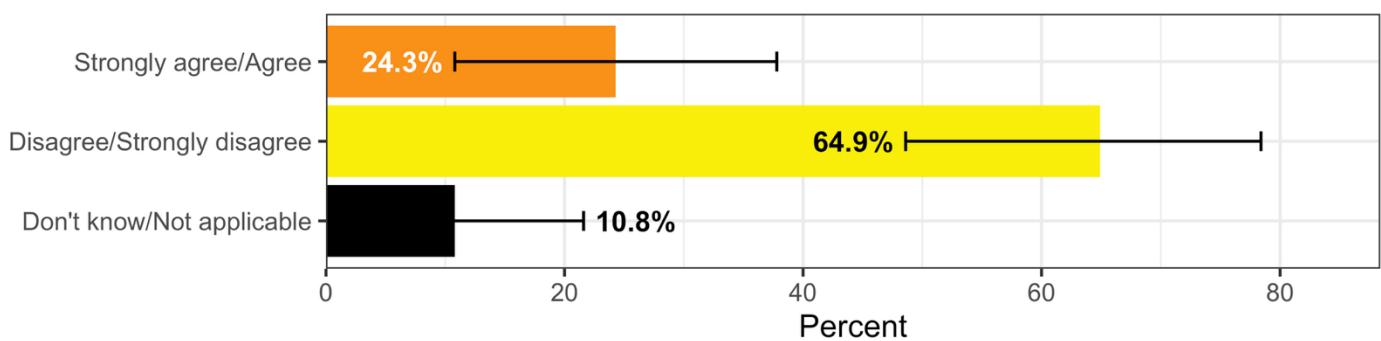


Figure 59: Racism is a problem in my child's life.



In the past 12 months, how often have you...?

Figure 60: Talked to your child about important people or events in First Nations, Inuit and/or Métis history?

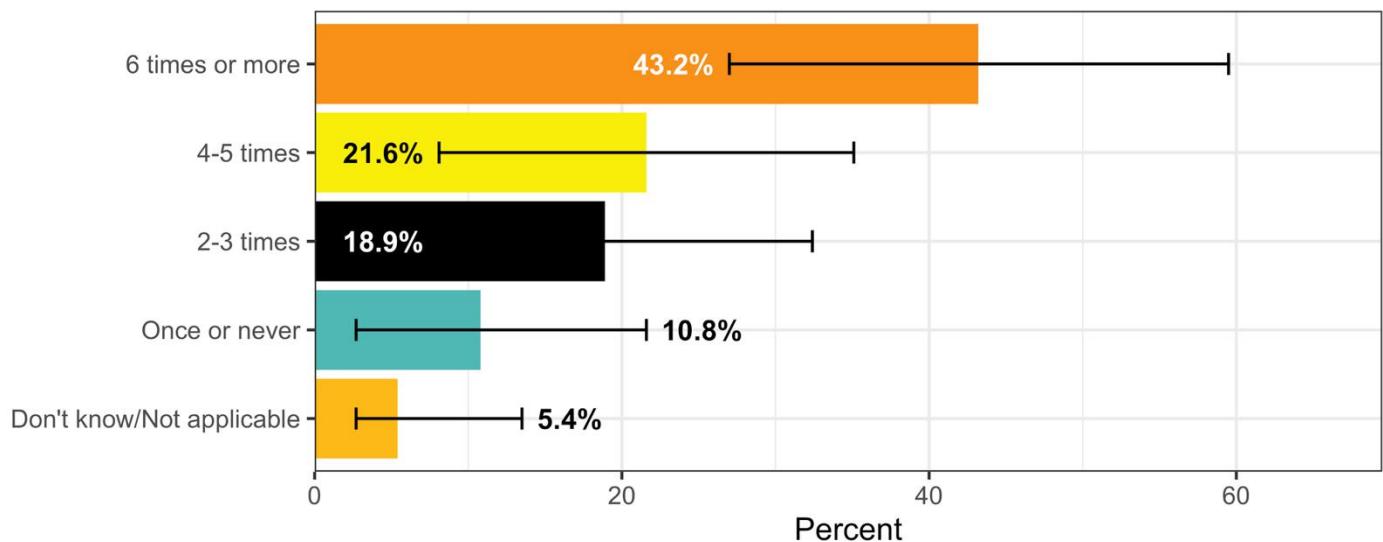


Figure 61: Talked to your child about important people or events in history from different ethnic groups, other than their own?

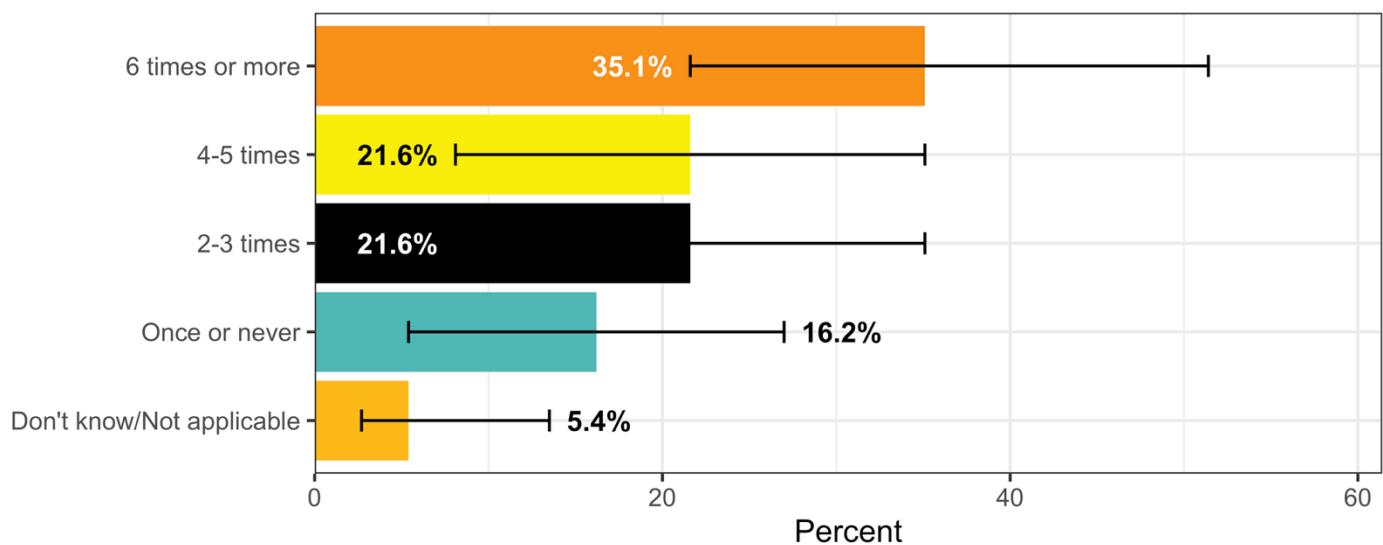


Figure 62: Talked to your child about unfair treatment due to race?

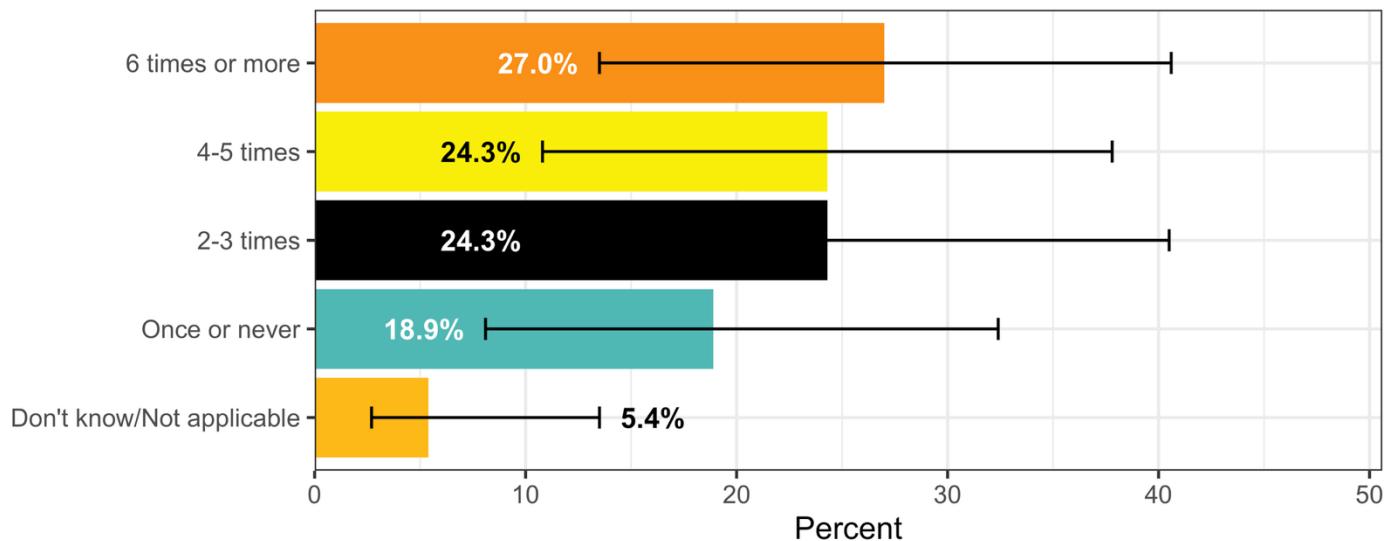
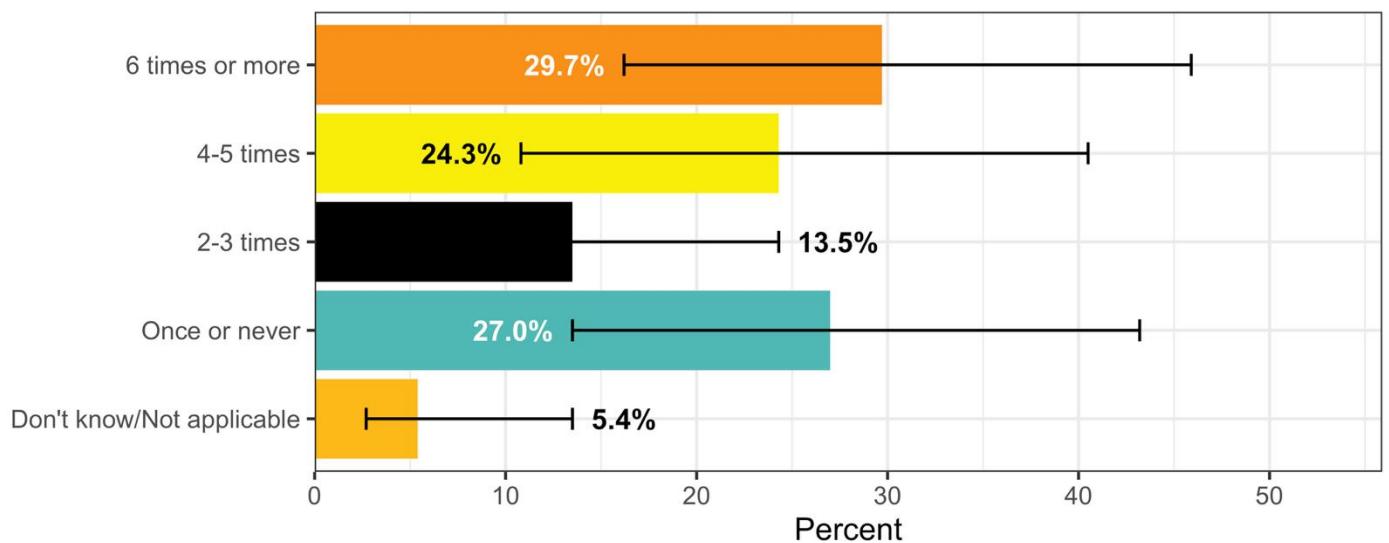


Figure 63: Talked to you child about discrimination against Indigenous people?



RELATIONSHIP TO LANGUAGE & CULTURE

(Children 2-14 years of age)

Figure 64: What language does your child use in their day-to-day life? (i.e., the main language they use to talk with their family and friends)

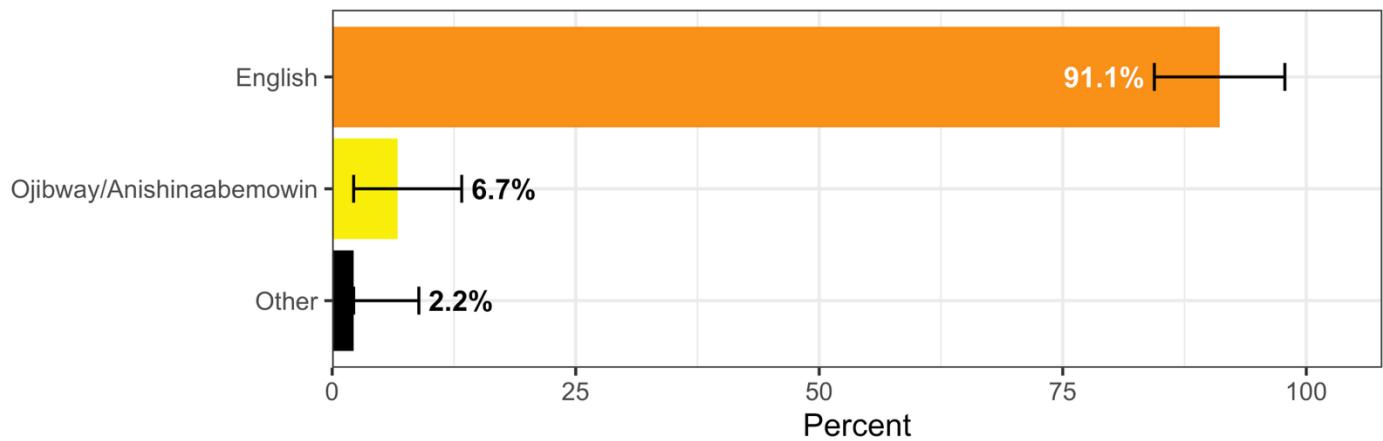


Figure 65: Can your child understand or speak an Indigenous language?

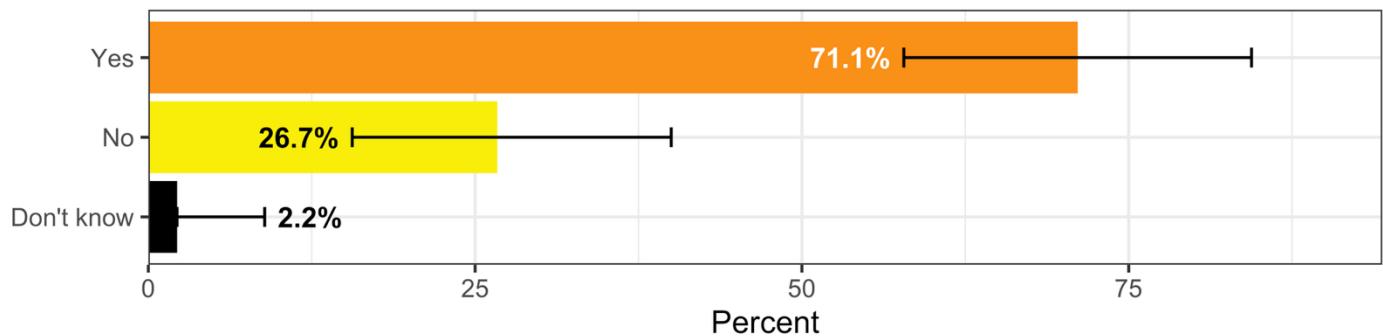


Figure 66: How important is it to you for your child to learn an Indigenous language?

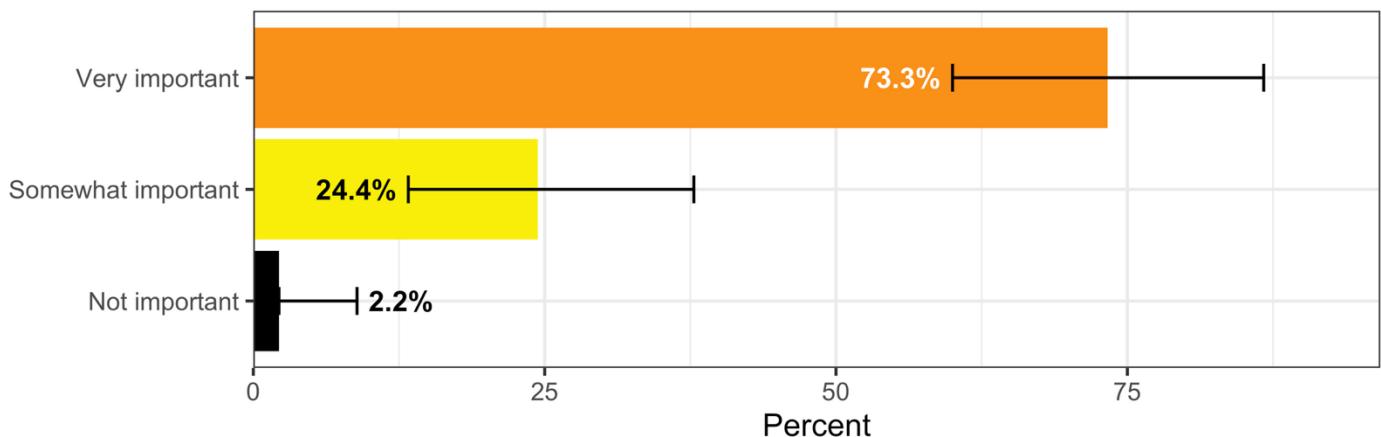


Figure 67: How important is it to you that traditional cultural events are a part of your child's life?

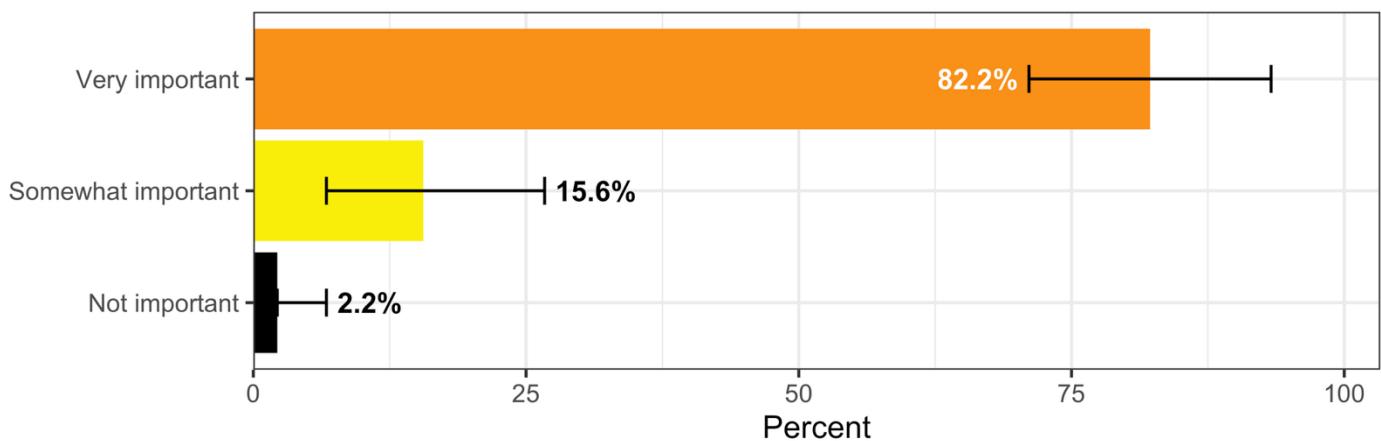
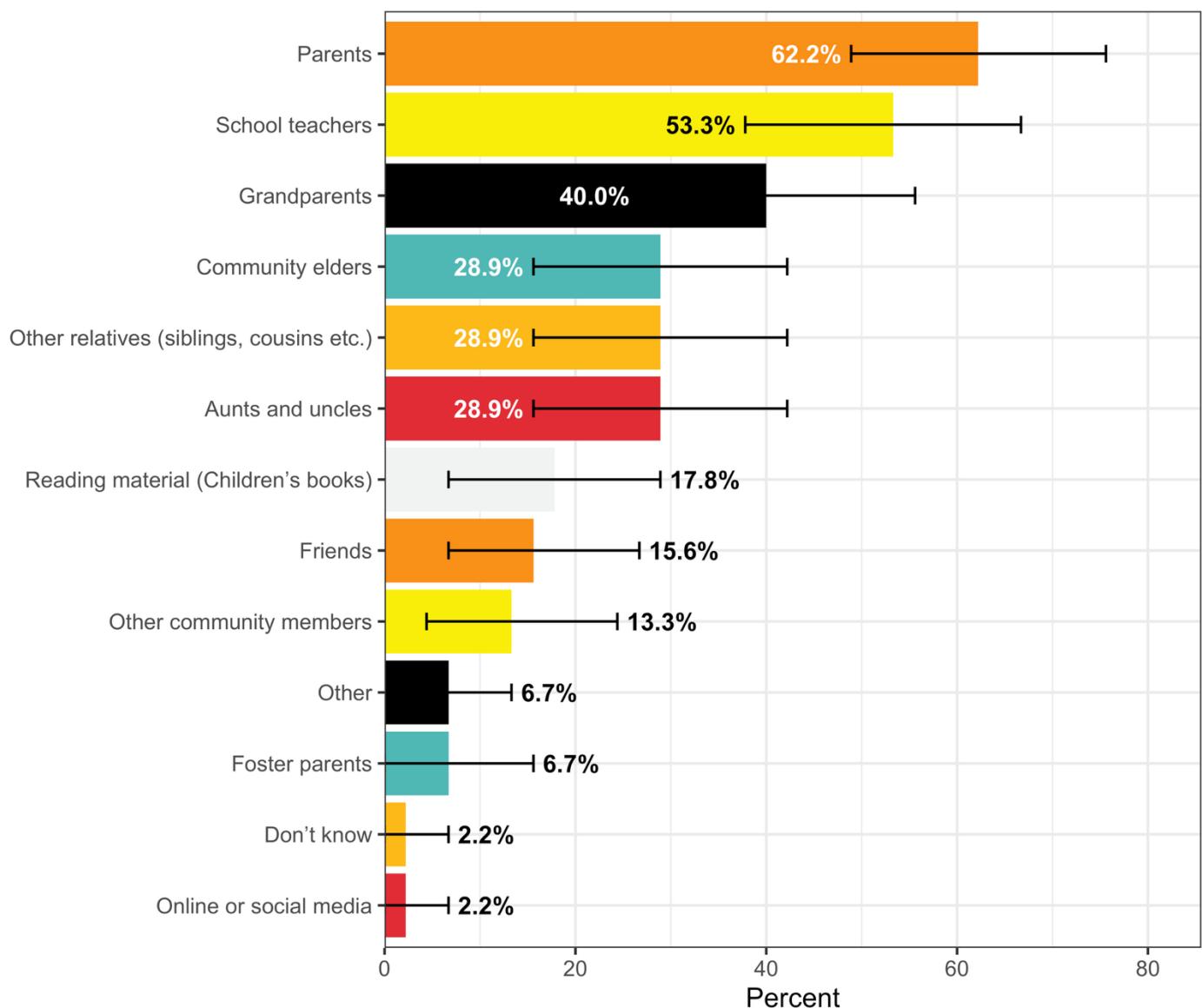


Figure 68: Who helps your child understand their culture? (Check all that apply)



APPENDIX: OHC KENORA CHILD HEALTH SURVEY REFERENCE TABLES

A community-driven health survey for Indigenous peoples in Kenora

RELATIONSHIP TO CHILD, CHILD'S RELATIONSHIP TO SELF

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
What is your relationship to your child?	
Birth parent (mother)	69.8% (56.6, 81.2)
Birth parent (father)	13.2% (5.7, 22.6)
Grandparent	11.1% (3.8, 20.8)
Foster parent	5.7% (1.9, 13.2)
How does your child identify?	
Male	51.9% (38.9, 64.8)
Female	48.1% (35.2, 61.1)
How does your child self-identify?	
First Nations	94.3% (88.7, 100)
Metis	3.8% (0.0, 9.4)
Don't know	1.9% (0.0, 5.7)
First Nations children who are status	
Yes	92% (84.0, 98.0)
No	6.0% (2.0, 12.0)
Don't know/Declined	2.0% (2.0, 8.0)

NURTURING GROWTH & DEVELOPMENT: BREASTFEEDING/CHESTFEEDING

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Did you breastfeed/chestfeed or try to breastfeed/chestfeed your child, even if only for a short time?	
Yes	85.3% (73.5, 97.1)
No	14.7% (5.6, 26.5)
Among those who breastfed, what helped or made it possible for you to be able to breastfeed/chestfeed?	
People in my family helped and supported me to breastfeed	55.2% (37.9, 75.9)
I felt confident about breastfeeding from breastfeeding my previous child/children	27.6% (13.8, 44.8)
Healthcare providers helped and supported me to breastfeed	27.6% (13.7, 44.8)
Other	10.3% (0.0, 24.1)
Indigenous community support programs	10.3% (0.0, 20.7)
Community support programs	3.4% (0.0, 10.3)

NURTURING GROWTH & DEVELOPMENT: NUTRITION

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Thinking about the past week (on average), how often does your child eat or drink the following foods...?	
Milk products (dairy)	
Once to several times a day	83.0% (72.3, 93.6)
A few times a week	10.6% (2.1, 21.3)
About once a week or never/hardly ever	6.4% (2.1, 14.9)
Protein (meat, fish, eggs, beans, tofu)	
Once to several times a day	85.1% (74.5, 93.6)
A few times a week	10.6% (4.3, 19.1)
About once a week or never/hardly ever	4.3% (2.1, 10.6)
Green salad and other vegetables	
Once to several times a day	68.1% (55.3, 80.9)
A few times a week	21.3% (10.6, 34.0)
About once a week or never/hardly ever	10.6% (4.3, 19.1)
Fruit	
Once to several times a day	85.1% (74.5, 93.6)
A few times a week	10.6% (4.3, 19.1)
About once a week or never/hardly ever	4.3% (2.1, 10.6)
Grains	
Once to several times a day	83.0% (72.3, 93.6)
A few times a week	14.9% (6.4, 25.5)
About once a week or never/hardly ever	2.1% (2.1, 8.5)
Water	
Once to several times a day	95.7% (89.4, 100.0)
A few times a week	4.3% (2.1, 10.6)
Juice	
Once to several times a day	61.7% (49.8, 74.5)
A few times a week	10.6% (2.1, 19.1)
About once a week or never/hardly ever	27.7% (14.9, 40.4)
Soft Drinks/Pop	
Once to several times a day	8.5% (2.1, 19.1)
A few times a week	17.0% (6.4, 29.8)
About once a week or never/hardly ever	74.5% (59.6, 85.2)
Fast Food	
Once to several times a day	10.6% (2.1, 21.3)

A few times a week	36.2% (23.4, 51.1)
About once a week or never/hardly ever	53.2% (38.3, 66.0)
Sweets	
Once to several times a day	25.5% (12.8, 38.3)
A few times a week	14.9% (6.4, 25.5)
About once a week or never/hardly ever	59.6% (44.7, 74.5)
In the past 12 months, how often has your child eaten traditional foods?	
Often	22.9% (10.4, 35.4)
A few times	54.2% (41.6, 68.8)
Not at all	22.9% (10.4, 35.4)
Which traditional/country foods has your child eaten?	
Wild rice	86.5% (75.7, 97.3)
Berries or other wild vegetation	81.1% (67.6, 91.9)
Fresh water fish	75.7% (62.1, 89.2)
Land-based animals (moose, caribou, bear, deer, bison, etc.)	67.6% (54.0, 81.1)
Game birds (goose, duck, etc.)	27.0% (13.5, 40.5)
Small game (rabbit, muskrat, etc.)	21.6% (8.1, 35.1)
Corn soup	16.2% (5.4, 27.0)
Other water based foods (shellfish, eels, clams, seaweed, etc.)	10.8% (2.7, 21.6)
Other (Please specify) (room to add up to 5 other foods)	8.1% (0.0, 16.2)
Don't know	2.7% (0.0, 8.1)
Saltwater fish	2.7% (0.0, 8.1)

MOTHER AS FIRST ENVIRONMENT

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
During your pregnancy with your child, did you live in a smoke-free household?	
Yes, completely smoke free	61.8% (44.1, 76.5)
Yes, smoke outside	26.5% (11.8, 44.1)
No	11.8% (2.9, 23.5)
Did you experience diabetes during your pregnancy?	
Yes	23.5% (11.8, 38.2)
No	76.5% (61.8, 88.2)

SOCIAL AND DEVELOPMENTAL WELLBEING

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Have you ever had a concern about the progress of your child's physical, mental, emotional, spiritual and/or social development?	
Yes	32.0% (20.0, 46.0)
No	64.0% (50.0, 76.0)
Don't know/Declined	4.0% (2.0, 10.0)
What areas of development were you concerned about?	
Physical	56.2% (31.2, 81.2)
Social	50.0% (25.0, 75.0)
Speech/Language	50.0% (25.0, 68.8)
Mental/Intellectual	31.2% (12.5, 56.2)
Spiritual	25.0% (6.2, 50.0)
Emotional	18.8% (0.0, 37.5)
Other	12.5% (0.0, 31.2)
Did you access any of the following supports for this concern?	
Doctor/Nurse practitioner	62.5% (37.5, 87.5)
Speech Language therapist	43.8% (18.8, 68.8)
Healthy babies, healthy children program staff	31.2% (12.5, 56.2)
Occupational therapist	31.2% (12.5, 56.2)
Teacher	25.0% (6.2, 43.8)
Family member	18.8% (0.0, 37.5)
Other program staff (Please specify)	12.5% (0.0, 31.2)
Ontario Early Years Centre program staff	12.5% (0.0, 31.2)
Psychologist	12.5% (0.0, 31.2)
CAP-C program staff	6.2% (0.0, 18.8)
Head Start Program Staff	6.2% (0.0, 18.8)
Physiotherapist	6.2% (0.0, 18.8)
Traditional Healer	6.2% (0.0, 18.8)
Midwife	6.2% (0.0, 18.8)
Did you encounter barriers in accessing these supports?	
Yes	31.2% (12.5, 50.6)
No	68.8% (49.8, 93.8)

CHRONIC HEALTH CONDITIONS

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Chronic Health Conditions	
Chronic skin condition	42.3% (23.1, 61.5)
Speech/Language problems	23.1% (7.7, 38.5)
Asthma	15.4% (3.8, 30.8)
Anxiety/Depression	15.4% (3.8, 30.8)
Learning Disability	11.5% (0.0, 23.2)
Fetal Alcohol Disorder	11.5% (0.0, 23.1)
Allergies	11.5% (0.0, 26.9)
ADD/ADHD	7.7% (0.0, 19.2)
Physical Disability	3.8% (0.0, 11.5)
Hearing impairment	3.8% (0.0, 11.5)
Cognitive or Mental Disability	3.8% (0.0, 11.5)
Serious Vision Problems	3.8% (0.0, 11.5)
Blastomycosis	3.8% (0.0, 11.5)
Autism	3.8% (0.0, 11.5)
Since birth, has your child ever had an ear infection?	
Yes	34.0% (20.0, 48.0)
No	58.0% (44.0, 70.0)
Don't Know/Declined	8.0% (2.0, 16.0)

ACCESS TO HEALTH SERVICES: DENTAL HEALTH, PRIMARY CARE, TRADITIONAL HEALING & MEDICINES, SPECIALIST CARE, UNMET HEALTH NEEDS

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Approximately when was the last time your child had any dental care?	
Less than 6 months ago	64.4% (51.1, 77.8)
Between 6 months and up to 2 years ago	28.9% (17.8, 42.2)
Never	4.4% (2.2, 11.1)
Don't know	2.2% (2.2, 8.9)
Have your child's teeth been affected by Baby Bottle Tooth Decay (BBTD)?	
Yes	13.3% (4.4, 24.4)
No	84.4% (73.3, 93.3)
Don't know	2.2% (2.2, 8.9)
Does your child have a regular primary health care provider who is familiar with your child's health and medical history?	
Yes	72.0% (58.0, 84.0)
No	26.0% (14.0, 40.0)
Don't Know/Declined	2.0% (2.0, 6.0)
Which is your child's primary health care provider?	
Family doctor	72.2% (58.3, 86.1)
Nurse Practitioner	22.2% (11.1, 36.1)
Paediatrician	2.8% (2.8, 8.3)
Other	2.8% (2.8, 9.9)
Has your child been to see a health care provider within the last year?	
Yes	78.0% (66.0, 88.0)
No	18.0% (8.0, 30.0)
Don't Know/Declined	4.0% (2.0, 10.0)
Has your child ever been seen and/or treated by a traditional healer?	
Yes	10.0% (2.0, 18.0)
No	86.0% (76.0, 94.0)
Don't Know/Declined	4.0% (2.0, 10.0)

Has your child ever used and/or taken traditional medicines?	
Yes	46.0% (32.0, 60.0)
No	52.0% (38.0, 66.0)
Don't Know/Declined	2.0% (2.0, 8.0)
Has your child been referred to see a medical specialist in the past 12 months?	
Yes	18.0% (8.0, 30.0)
No	78.0% (66.0, 88.0)
Don't Know/Declined	4.0% (2.0, 10.0)
In the previous 12 months, was there a time you felt your child needed health care services but did not receive them?	
Yes	16.0% (8.0, 26.0)
Don't Know/Declined/Not Applicable	82.0% (70.0, 92.0)
No	2.0% (2.0, 8.0)

CHILDHOOD IMMUNIZATIONS

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Within the past year, did any health care provider discuss your child's immunizations with you?	
Yes	85.7% (64.3, 100.0)
No	14.3% (7.1, 35.7)
Has your child ever received any immunizations?	
Yes	100% (100.0, 100.0)
To the best of your knowledge, how up-to-date is your child on the immunizations recommended for their age?	
Completely up-to-date	92.9% (78.6, 100.0)
Somewhat up-to-date	7.1% (7.1, 21.4)

PHYSICAL ACTIVITY

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
On average how many minutes of physical activity would you say your child got in total each day in the past week?	
1 or more hours	51.4% (35.1, 67.6)
30 minutes to less than an hour	24.3% (10.8, 37.8)
Less than 30 minutes	21.6% (8.1, 35.1)
Don't know/Not applicable	2.7% (2.7, 10.8)
Thinking about the past week, how much time in an average day did your child spend doing the following...?	
Watching TV	
1 or more hours	62.2% (45.9, 78.4)
30 minutes to less than an hour	21.6% (10.8, 35.1)
Less than 30 minutes	10.8% (2.7, 21.6)
Don't know/Not applicable	5.4% (2.7, 13.5)
Working at a computer	
1 or more hours	56.8% (40.5, 73.0)
30 minutes to less than an hour	8.1% (2.7, 16.2)
Less than 30 minutes	21.6% (8.1, 35.1)
Don't know/Not applicable	13.5% (5.4, 24.7)
Reading	
1 or more hours	40.5% (24.3, 56.8)
30 minutes to less than an hour	24.3% (10.8, 37.8)
Less than 30 minutes	32.4% (16.2, 48.6)
Don't know/Not applicable	2.7% (2.7, 10.8)
Playing video games	
1 or more hours	54.1% (37.8, 70.3)
30 minutes to less than an hour	13.5% (5.4, 24.3)
Less than 30 minutes	24.3% (10.8, 37.8)
Don't know/Not applicable	8.1% (2.7, 16.2)
Tablet/iPad (Hand held device - Smartphone)	
1 or more hours	75.7% (59.5, 89.2)
30 minutes to less than an hour	10.8% (2.7, 21.6)
Less than 30 minutes	8.1% (2.7, 18.9)
Don't know/Not applicable	5.4% (2.7, 13.5)

SCHOOL EXPERIENCES AND PERFORMANCES

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Has your child attended an early childhood development or preschool program?	
Yes	57.8% (42.2, 73.3)
No	33.3% (20.0, 46.7)
Don't know	8.9% (2.2, 17.8)
If yes, was this program designed specifically for Indigenous children?	
Yes	69.2% (50.0, 84.6)
No	30.8% (15.4, 50.0)
How many different schools has your child attended altogether?(including preschool and kindergarten)	
1	24.3% (10.8, 37.8)
2	21.6% (10.8, 35.1)
3	24.3% (10.8, 37.8)
4+	27.0% (13.5, 40.5)
Don't know	2.7% (2.7, 8.1)
For your child's last change in schools, what was the main reason for changing schools?	
Regular progression through the school system	36.1% (19.4, 52.8)
Family or child moved	16.7% (5.6, 30.6)
Other	13.9% (2.8, 25.0)
Declined/Not applicable	13.9% (5.3, 25.0)
Wanted a more culturally appropriate school	5.6% (2.8, 13.9)
Concerns about safety at school	5.6% (2.8, 13.9)
Wanted a specific program	2.8% (2.8, 9.9)
School closure	2.8% (2.8, 11.1)
Not getting along with students	2.8% (2.8, 11.1)
Overall, my child feels safe at school.	
Strongly agree/Agree	86.5% (75.7, 97.3)
Disagree/Strongly disagree	5.4% (2.7, 13.5)
Don't know/Not applicable	8.1% (2.7, 16.2)
Overall, my child is happy at school.	
Strongly agree/Agree	89.2% (78.4, 97.3)
Disagree/Strongly disagree	2.7% (2.7, 10.8)
Don't know/Not applicable	8.1% (2.7, 16.2)

Most children in the school enjoy being there.	
Strongly agree/Agree	73.0% (59.4, 86.5)
Disagree/Strongly disagree	13.5% (2.7, 24.3)
Don't know/Not applicable	13.5% (2.7, 24.3)
This school offers parents many opportunities to be involved in school activities.	
Strongly agree/Agree	78.4% (62.2, 91.9)
Disagree/Strongly disagree	10.8% (2.7, 21.6)
Don't know/Not applicable	10.8% (2.7, 21.6)
This school supports First Nations, Métis or Inuit culture (through teaching and/or activities).	
Strongly agree/Agree	78.4% (64.9, 89.2)
Disagree/Strongly disagree	10.8% (2.7, 21.6)
Don't know/Not applicable	10.8% (2.7, 21.6)
Racism is a problem at school.	
Strongly agree/Agree	18.9% (5.4, 29.8)
Disagree/Strongly disagree	64.9% (51.4, 81.1)
Don't know/Not applicable	16.2% (5.4, 29.7)
Bullying is a problem at school.	
Strongly agree/Agree	45.9% (32.4, 62.2)
Disagree/Strongly disagree	45.9% (29.7, 62.2)
Don't know/Not applicable	8.1% (2.7, 18.9)
The presence of alcohol is a problem at school.	
Strongly agree/Agree	18.9% (8.1, 32.4)
Disagree/Strongly disagree	70.3% (56.8, 86.5)
Don't know/Not applicable	10.8% (2.7, 21.6)
The presence of drugs is a problem at school.	
Strongly agree/Agree	21.6% (8.1, 35.1)
Disagree/Strongly disagree	62.2% (48.6, 75.7)
Don't know/Not applicable	16.2% (5.4, 29.7)
Violence is a problem at school.	
Strongly agree/Agree	24.3% (10.8, 37.8)
Disagree/Strongly disagree	67.6% (51.4, 83.8)
Don't know/Not applicable	8.1% (2.7, 18.9)
Has your child ever been taught an Indigenous language in classes at school?	
Yes	81.1% (67.6, 92.0)
No	13.5% (5.4, 24.3)
Don't know	5.4% (2.7, 13.5)

Has your child ever been taught other subjects in an Indigenous language for two or more hours per day?	
Yes	45.9% (29.7, 62.2)
No	40.5% (24.3, 56.8)
Don't know	13.5% (2.7, 24.3)

RELATIONSHIP TO FAMILY

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Even though I may not always manage it, I know what I need to do with my child	
Strongly agree/Agree	88.9% (80.0, 97.8)
Disagree/Strongly disagree	2.2% (2.2, 8.9)
Don't know/Not applicable	8.9% (2.2, 17.8)
My child's behaviour largely depends on what I do and how I feel	
Strongly agree/Agree	73.3% (60.0, 86.7)
Disagree/Strongly disagree	15.6% (6.7, 26.7)
Don't know/Not applicable	11.1% (4.4, 20.0)
I am able to do the things that will improve my child's behaviour	
Strongly agree/Agree	93.3% (86.6, 100.0)
Disagree/Strongly disagree	2.2% (2.2, 6.7)
Don't know/Not applicable	4.4% (2.2, 11.1)
I can make an important difference to my child	
Strongly agree/Agree	95.6% (88.9, 100.0)
Don't know/Not applicable	4.4% (2.2, 11.1)
The things I do make a difference to my child's behaviour	
Strongly agree/Agree	93.3% (84.4, 100.0)
Don't know/Not applicable	6.7% (2.2, 15.6)
I take time out to play or do something fun with my child.	
Everyday/a few times a week	81.1% (67.6, 91.9)
About once a week/once a month	10.8% (2.7, 21.6)
Rarely	2.7% (2.7, 10.8)
Don't know/Not applicable	5.4% (2.7, 13.5)
I give my child responsibilities around the house.	
Everyday/a few times a week	73.0% (56.8, 86.5)
About once a week/once a month	21.6% (8.1, 35.1)
Don't know/Not applicable	5.4% (2.7, 13.5)
I offer my child choices	
Everyday/a few times a week	91.9% (81.1, 100.0)
About once a week/once a month	2.7% (2.7, 10.8)
Don't know/Not applicable	5.4% (2.7, 13.5)

I encourage my child in a sincere and specific way.	
Everyday/a few times a week	89.2% (78.4, 97.3)
About once a week/once a month	5.4% (2.7, 13.5)
Don't know/Not applicable	5.4% (2.7, 13.5)
I discuss our family's values with my child.	
Everyday/a few times a week	86.5% (73.0, 97.3)
About once a week/once a month	8.1% (2.7, 18.9)
Don't know/Not applicable	5.4% (2.7, 13.5)
I talk to my child about the negative effects of alcohol, tobacco, and other drugs.	
Everyday/a few times a week	59.5% (43.2, 75.7)
About once a week/once a month	18.9% (8.1, 32.4)
Rarely	16.2% (5.4, 29.7)
Don't know/Not applicable	5.4% (2.7, 13.5)
Racism is a problem in my child's life.	
Strongly agree/Agree	24.3% (10.8, 37.8)
Disagree/Strongly disagree	64.9% (48.6, 78.4)
Don't know/Not applicable	10.8% (2.7, 21.6)
In the past 12 months, how often have you talked to your child about important people or events in First Nations/Inuit and/or Métis history?	
6 times or more	43.2% (27.0, 59.5)
4-5 times	21.6% (8.1, 35.1)
2-3 times	18.9% (8.1, 32.4)
Once or never	10.8% (2.7, 21.6)
Don't know/Not applicable	5.4% (2.7, 13.5)
In the past 12 months, how often have you talked to your child about important people or events in history of different ethnic groups, other than their own?	
6 times or more	35.1% (21.6, 51.4)
4-5 times	21.6% (8.1, 35.1)
2-3 times	21.6% (8.1, 35.1)
Once or never	16.2% (5.4, 27.0)
Don't know/Not applicable	5.4% (2.7, 13.5)
In the past 12 months, how often have you talked to your child about unfair treatment due to race?	
6 times or more	27.0% (13.5, 40.6)
4-5 times	24.3% (10.8, 37.8)
2-3 times	24.3% (10.8, 40.5)

Once or never	18.9% (8.1, 32.4)
Don't know/Declined	5.4% (2.7, 13.5)
In the past 12 months, how often have you talked to your child about discrimination against Indigenous people?	
6 times or more	29.7% (16.2, 45.9)
4-5 times	24.3% (10.8, 40.5)
2-3 times	13.5% (5.2, 24.3)
Once or never	27.0% (13.5, 43.2)
Don't know/Declined	5.4% (2.7, 13.5)

RELATIONSHIP TO LANGUAGE & CULTURE

Survey Question	RDS Prevalence Estimate (95% Confidence Interval)
Which language does your child use in their day-to-day life?	
English	91.1% (84.4, 97.8)
Ojibway/Anishinaabemowin	6.7% (2.2, 13.3)
Other	2.2% (2.2, 8.9)
Can your child understand or speak an Indigenous language?	
Yes	71.1% (57.8, 84.4)
No	26.7% (15.6, 40.0)
Don't know	2.2% (2.2, 8.9)
How important is it to you for your child to learn an Indigenous language?	
Very important	73.3% (60.0, 86.7)
Somewhat important	24.4% (13.3, 37.8)
Not important	2.2% (2.2, 8.9)
How important is it to you that traditional cultural events are a part of your child's life?	
Very important	82.2% (71.1, 93.3)
Somewhat important	15.6% (6.7, 26.7)
Not important	2.2% (2.2, 6.7)
Who helps your child understand their culture?	
Parents	62.2% (48.9, 75.6)
School teachers	53.3% (37.8, 66.7)
Grandparents	40.0% (26.7, 55.6)
Community elders	28.9% (15.6, 42.2)
Other relatives (siblings, cousins etc.)	28.9% (15.6, 42.2)
Aunts and uncles	28.9% (15.6, 42.2)
Reading material (Children's books)	17.8% (6.7, 28.9)
Friends	15.6% (6.7, 26.7)
Other community members	13.3% (2.2, 24.4)
Other (Please specify)	6.7% (0.0, 13.3)
Foster parents	6.7% (0.0, 15.6)
Don't know	2.2% (0.0, 6.7)
Online or social media	2.2% (0.0, 6.7)