Our Health Counts London

The first inclusive, community-driven health survey for Indigenous peoples in London

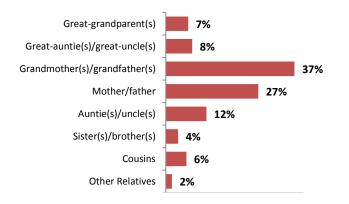
RESIDENTIAL SCHOOL

Federal residential and industrial schools are examples of colonial policies which aimed to assimilate Indigenous peoples within Canadian society.^{1,2,3} The impacts of these institutions, including intergenerational impacts continue to shape educational attainment and health outcomes, interrupt parenting techniques, and language transmission among Indigenous peoples.² These generational effects have disrupted Indigenous families in urban, rural, and remote communities.⁴ The Truth and Reconciliation Commission of Canada's Calls to Action list key first steps for reparation and a blueprint for a new, respectful, nation-to-nation relationship between Indigenous and non-Indigenous people in Canada.

3% of the Indigenous adults in London were students at a federal residential school or federal industrial school.

Almost 7 in 10 Indigenous adults in London had at least one family member attend residential school. This is higher than the rate of 40% among First Nations adults in Hamilton.⁵

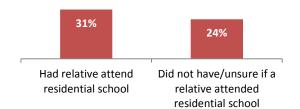
Over half of Indigenous adults in London had grandparents and/or parents who attended.



Over 50%*

of survivors in London said their overall health and wellbeing was negatively impacted by their attendance at residential schools.

Of adults who had a family member attend residential school, **31% screened positive for Post-Traumatic Stress Disorder (PTSD).**



2 in 5 Indigenous adults believed their overall health and wellbeing is negatively affected by a member of their family attending residential school.

Population based estimates were created using respondent driven sampling (see Project Overview and Methods Factsheet)
Indigenous adults: persons self-identifying as Indigenous such as First Nations, Métis, Inuit, or other Nation aged 15 years and older living or using services in the City of London; Residential school: federal residential school or federal industrial school *Due to small sample sizes these numbers should be interpreted with caution.
1. Allan & Smylie (2015); 2. Truth and Reconciliation Canada (2015); 3. Daschuk (2013); 4. Smylie et al. (2011) Kristen O'Brien, Chloé Xavier, Raglan Maddox, Nancy Laliberte, Gertie Mai Muise, Brian Dokis, Janet Smylie







Indigenous Primary Health Care Council For the full OHC London report visit: www.welllivinghouse.com

Funding for this publication was provided by the Ministry of Health and Long-Term Care (MOHLTC). The opinions expressed in this publication are those of the authors/researchers and do not necessarily reflect the official views of the MOHLTC

Our Health Counts: Community health assessment by the people, for the people